



McDonald's UK ALLERGEN

in-restaurant information guide

**Valid from 31st August 2016 for the duration of the
September Food Promotion**

Printed August 2016 for McDonald's UK restaurants only

Introduction

The purpose of this Allergen In-Restaurant Information Booklet is to help you choose menu items within our restaurants, if you or someone you care for has:

- A food allergy or food intolerance
- Coeliac disease

This booklet provides allergen information in **bold**, CAPITALS via the ingredient declarations. Please ensure you thoroughly read the ingredient declarations.

This booklet highlights the following fourteen major allergens:

- Cereals Containing Gluten – Wheat, Rye, Barley, Oats, Spelt, Kamut
- Crustaceans
- Egg
- Fish
- Lupin
- Milk
- Molluscs
- Nuts – Almond, Hazelnut, Walnut, Cashew, Pecan Nut, Brazil Nut, Pistachio Nut, Macadamia Nut and Queensland Nut
- Peanut
- Soya (excludes Fully Refined Soya Bean Oil)
- Sesame
- Celery and Celeraic
- Mustard
- Sulphur Dioxide and Sulphites (levels greater than 10ppm)

Nut and Cross Contamination Statement:

We produce our food in a kitchen (area) where allergens are handled and while we try to keep things separate we cannot guarantee any item is allergen free.

There are no nut or peanut ingredients in the products listed in this booklet. We take steps to try and stop nuts or nut traces accidentally getting into ingredients before the food is served to you, but we can't guarantee that our food is completely nut or peanut free.

McDonald's is a member of the Anaphylaxis Campaign which raises awareness of the needs of people at risk from severe allergic reactions.

Please note our French Fries, Hash Browns, Potato Rosti and other promotional potato products such as Potato Wedges and Crisscuts can be cooked in the same oil as the Spicy Veggie Patty. Allergen information for all these products can be found in the relevant section of this booklet.

If we can help by providing further information on any of our products, please let us know and we will be more than happy to do so.

For any further information please contact our Customer Services Team via +44 (0) 370 524 4622 or www.mcdonalds.co.uk.

More information can also be found on The Anaphylaxis Campaign Website - www.anaphylaxis.org.uk

Please note:

Some menu items listed in this booklet may not be available in all restaurants. This booklet may not cover test products. If you require allergen information about test products, please ask a member of staff or consult the website. While the ingredient information is based on standard product formulations, variations may occur. This listing is updated regularly in an attempt to reflect the current status of our products and may vary from other printed materials used in the restaurants. All information applies to UK restaurants only and is correct at time of going to print – see date on front cover – but is subject to change without notice.

Please check the website www.mcdonalds.co.uk for the most up to date information.



Big Mac®

Beef Patty:

100% Pure Beef.

A little salt and pepper is added to season after cooking.

Big Mac Bun:

WHEAT Flour (with Calcium, Iron, Niacin (B3), Thiamin (B1)), Water, Sugar, **SESAME** Seeds, Rapeseed Oil, Salt, Yeast, **WHEAT** Gluten, Emulsifiers (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Improver (Monocalcium Phosphate), Preservative (Calcium Propionate), Antioxidant (Ascorbic Acid).

N.B. May contain traces of milk, rye and barley.

Big Mac Sauce:

Water, Rapeseed Oil, Spirit Vinegar, Gherkin, Sugar, Modified Maize Starch, Free Range **EGG** Yolk, Spices (contains **MUSTARD**), Salt, Glucose-Fructose Syrup, Thickener (Xanthan Gum), Natural Flavourings, Firming Agent (Calcium Chloride), Colour (Paprika Extract), Preservative (Potassium Sorbate).

Cheddar Cheese Slice (processed):

Vegetarian Cheddar (51%) (**MILK**), Water, Vegetarian Cheese (9%) (**MILK**), Whey Powder (**MILK**), Butter (**MILK**), Emulsifying Salts (Trisodium Citrate, Citric Acid), **MILK** Proteins, Natural Cheese Flavouring (**MILK**), Salt, Colour (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin Oil).

Lettuce:

100% Iceberg Lettuce.

Onions:

100% Onion.

Dill Pickle Slices:

Gherkins, Water, Spirit Vinegar, Salt, Firming Agent (Calcium Chloride), Natural Flavouring, Preservative (Potassium Sorbate).



Quarter Pounder™ with Cheese

Beef Patty:

100% Pure Beef.

A little salt and pepper is added to season after cooking.

Quarter Pounder Bun:

WHEAT Flour (with Calcium, Iron, Niacin (B3), Thiamin (B1)), Water, Sugar, **SESAME** Seeds, Rapeseed Oil, Salt, Yeast, **WHEAT** Gluten, Emulsifiers (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids), Preservative (Calcium Propionate), De-activated Yeast, Antioxidant (Ascorbic Acid).

N.B. May contain traces of milk, rye and barley.

Cheddar Cheese Slice (processed):

Vegetarian Cheddar (51%) (**MILK**), Water, Vegetarian Cheese (9%) (**MILK**), Whey Powder (**MILK**), Butter (**MILK**), Emulsifying Salts (Trisodium Citrate, Citric Acid), **MILK** Proteins, Natural Cheese Flavouring (**MILK**), Salt, Colour (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin Oil).

Tomato Ketchup:

66% Tomato Puree (equivalent to 184g tomatoes per 100g ketchup), Glucose-Fructose Syrup, Spirit Vinegar, Salt, Spice Extracts.

Onions:

100% White Onions.

Dill Pickle Slices:

Gherkins, Water, Spirit Vinegar, Salt, Firming Agent (Calcium Chloride), Natural Flavouring, Preservative (Potassium Sorbate).

Mustard:

Water, Spirit Vinegar, **MUSTARD** Seed (13%), Salt, Spices, Spice Extract.



Hamburger

Beef Patty:

100% Pure Beef.

A little salt and pepper is added to season after cooking.

Bun:

WHEAT Flour (with Calcium, Iron, Niacin (B3), Thiamin (B1)), Water, Sugar, Yeast, Rapeseed Oil, Salt, Emulsifiers (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids), **WHEAT** Fibre, Preservative (Calcium Propionate), De-activated Yeast, Antioxidant (Ascorbic Acid).

N.B. May contain traces of sesame seeds, milk, barley and rye.

Onions:

100% Onions.

Dill Pickle Slices:

Gherkins, Water, Spirit Vinegar, Salt, Firming Agent (Calcium Chloride), Natural Flavouring, Preservative (Potassium Sorbate).

Tomato Ketchup:

66% Tomato Puree (equivalent to 184g tomatoes per 100g ketchup), Glucose-Fructose Syrup, Spirit Vinegar, Salt, Spice Extracts.

Mustard:

Water, Spirit Vinegar, **MUSTARD** Seed (13%), Salt, Spices, Spice Extract.



Cheeseburger and Double Cheeseburger

Beef Patty:

100% Pure Beef.

A little salt and pepper is added to season after cooking.

Bun:

WHEAT Flour (with Calcium, Iron, Niacin (B3), Thiamin (B1)), Water, Sugar, Yeast, Rapeseed Oil, Salt, Emulsifiers (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids), **WHEAT** Fibre, Preservative (Calcium Propionate), De-activated Yeast, Antioxidant (Ascorbic Acid).

N.B. May contain traces of sesame seeds, milk, barley and rye.

Cheddar Cheese Slice (processed):

Vegetarian Cheddar (51%) (**MILK**), Water, Vegetarian Cheese (9%) (**MILK**), Whey Powder (**MILK**), Butter (**MILK**), Emulsifying Salts (Trisodium Citrate, Citric Acid), **MILK** Proteins, Natural Cheese Flavouring (**MILK**), Salt, Colour (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin Oil).

Tomato Ketchup:

66% Tomato Puree (equivalent to 184g tomatoes per 100g ketchup), Glucose-Fructose Syrup, Spirit Vinegar, Salt, Spice Extracts.

Onions:

100% Onions.

Dill Pickle Slices:

Gherkins, Water, Spirit Vinegar, Salt, Firming Agent (Calcium Chloride), Natural Flavouring, Preservative (Potassium Sorbate).

Mustard:

Water, Spirit Vinegar, **MUSTARD** Seed (13%), Salt, Spices, Spice Extract.



Chicken McNuggets®

Chicken Breast Meat (45%), Water, Vegetable Oils (Sunflower, Rapeseed), Maize Flour, Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Starches, **WHEAT** Semolina, Breadcrumbs (contains **WHEAT**), Potassium Chloride, Dried Glucose Syrup, **WHEAT** Gluten, Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate), Natural Flavouring, Salt, Spices (contains **CELERY**), Modified Starch, Dextrose.

Prepared in the restaurants using non-hydrogenated vegetable oil.

NB: May contain traces of milk, mustard and egg.



Chicken Selects®

EITHER: Chicken Breast Meat (57%), **WHEAT** Flour, Water, Vegetable Oil (Rapeseed, Sunflower), **WHEAT** Gluten, Starch, Modified Maize Starch, Salt, Yeast Extract, Spices (**CELERY**), Acidity Regulators (Sodium Carbonate, Sodium Citrate), Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Onion Powder, Garlic Powder, Spice Extract (**CELERY**), Stabiliser (Carrageenan), Dextrose, Flavouring.

OR: Chicken Breast Meat (57%), Water, **WHEAT** Flour, Vegetable Oils (Sunflower, Rapeseed), Modified Starch, Starches, Salt, **WHEAT** Gluten, Yeast Extract, Spices (contains **CELERY**), Acidity Regulators (Sodium Carbonate, Sodium Citrate), Onion Powder, Raising Agents (Sodium Acid Pyrophosphate, Sodium Carbonates), Garlic Powder, Spice Extract (contains **CELERY**), Dextrose, Stabiliser (Carrageenan), Flavouring Preparation, Colour (Paprika Extract), Emulsifier (Polysorbate 80), Rosemary Extract.

Prepared in the restaurants using non-hydrogenated vegetable oil.

N.B. May contain traces of egg, milk and mustard.



Crispy Chicken Wrap

Chicken Selects:

EITHER: Chicken Breast Meat (57%), **WHEAT** Flour, Water, Vegetable Oil (Rapeseed, Sunflower), **WHEAT** Gluten, Starch, Modified Maize Starch, Salt, Yeast Extract, Spices (**CELERY**), Acidity Regulators (Sodium Carbonate, Sodium Citrate), Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Onion Powder, Garlic Powder, Spice Extract (**CELERY**), Stabiliser (Carrageenan), Dextrose, Flavouring.

OR: Chicken Breast Meat (57%), Water, **WHEAT** Flour, Vegetable Oils (Sunflower, Rapeseed), Modified Starch, Starches, Salt, **WHEAT** Gluten, Yeast Extract, Spices (contains **CELERY**), Acidity Regulators (Sodium Carbonate, Sodium Citrate), Onion Powder, Raising Agents (Sodium Acid Pyrophosphate, Sodium Carbonates), Garlic Powder, Spice Extract (contains **CELERY**), Dextrose, Stabiliser (Carrageenan), Flavouring Preparation, Colour (Paprika Extract), Emulsifier (Polysorbate 80), Rosemary Extract.

Prepared in the restaurants using non-hydrogenated vegetable oil.

N.B. May contain traces of mustard, egg and milk.

Tortilla Wrap:

EITHER: **WHEAT** Flour (67%), Water, Stabilisers (Glycerol, Sodium Carboxy Methyl Cellulose), Rapeseed Oil, Raising Agents (Diphosphates, Calcium Phosphates, Sodium Carbonates), Emulsifier (Mono- and Diglycerides of Fatty Acids), Acid (Malic Acid).

OR: **WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), Rapeseed Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast.

N.B. May contain traces of sesame seeds, milk, rye and barley.

Tomato Ketchup:

66% Tomato Puree (equivalent to 184g tomatoes per 100g ketchup), Glucose-Fructose Syrup, Spirit Vinegar, Salt, Spice Extracts.

Lettuce:

100% Iceberg Lettuce.



McChicken® Sandwich

Coated Chicken Patty:

EITHER: Chicken Breast Meat (56%), Water, Vegetable Oil (Sunflower, Rapeseed), Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Starch, Maize Flour, Flavouring, **MUSTARD** Flour, Potassium Chloride, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Salt, Modified Starch.

OR: Chicken Breast Meat (53%), Water, Vegetable Oil (Sunflower, Rapeseed), Starch, Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Maize Flour, **WHEAT** Semolina, **WHEAT** Gluten, Flavouring, Salt, **MUSTARD** Flour, Potassium Chloride, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Sugar.

Prepared in the restaurants using non-hydrogenated vegetable oil.

N.B. May contain traces of egg, milk and celery.

Sesame Bun:

WHEAT Flour (with Calcium, Iron, Niacin (B3), Thiamin (B1)), Water, Sugar, **SESAME** Seeds, Rapeseed Oil, Salt, Yeast, **WHEAT** Gluten, Emulsifiers (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids), Preservative (Calcium Propionate), De-activated Yeast, Antioxidant (Ascorbic Acid).

N.B. May contain traces of milk, barley and rye.

Lettuce:

100% Iceberg Lettuce.

Sandwich Sauce:

Water, Rapeseed Oil, Sugar, Spirit Vinegar, Modified Maize Starch, Free Range **EGG** Yolk, Salt, Thickener (Xanthan Gum), Spices (contains **MUSTARD**), Lemon Juice Concentrate, Preservative (Potassium Sorbate), Natural Onion Flavouring, Dried Garlic, Colours (Curcumin & Paprika Extract).



Chicken Legend® with Cool Mayo

Chicken Legend Patty:

EITHER: Chicken Breast Meat (59%), **WHEAT** Flour, Water, Breadcrumb, (**WHEAT** Flour, Salt, Yeast), Starch, **WHEAT** Semolina, Vegetable Oil (Rapeseed, Sunflower), Spices (contains **CELERY**), Flavourings, Salt, Free Range **EGG** Albumen Powder, Yeast Extract, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Parsley, Whey Protein Concentrate (from **MILK**), Acidity Regulator (Citric Acid), **MUSTARD** Flour, Potassium Chloride, Spice Extracts.

OR: Chicken Breast Meat (59%), Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Breadcrumb (contains **WHEAT**), Vegetable Oil (Rapeseed, Sunflower), Starch, **WHEAT** Semolina, Spices (contains **CELERY**), Natural Flavourings, Free Range **EGG** Albumen, Salt, Raising Agent (Disodium Diphosphate, Sodium Bicarbonate), Yeast Extract, Parsley, Potassium Chloride, Whey Protein Concentrate (from **MILK**), Citric Acid, **MUSTARD** Flour, Spice Extract.

Prepared in the restaurant using non-hydrogenated vegetable oil.

Brown Bakehouse Roll:

WHEAT Flour, Water, **RYE** Flour, **WHEAT** Bran, Yeast, Vegetable Oil (Rapeseed), Salt, Dextrose, Sugar, Preservative (Calcium Propionate), Thickener (Carboxymethyl Cellulose), Malted **WHEAT** Flour, **WHEAT** Fibre, Flour Treatment Agent (Ascorbic Acid), Malted **BARLEY** Flour.

N.B. May contain traces of sesame seeds and milk.

Cool Mayo:

Water, Rapeseed Oil (28%), Spirit Vinegar, Modified Maize Starch, Free Range **EGG** Yolk (3%), Sugar, Salt, **MUSTARD** Flour, Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate.

Lettuce (Batavia):

100% Batavia Lettuce.



Chicken Legend® with Hot & Spicy Mayo

Chicken Legend Patty:

EITHER: Chicken Breast Meat (59%), **WHEAT** Flour, Water, Breadcrumbs, (**WHEAT** Flour, Salt, Yeast), Starch, **WHEAT** Semolina, Vegetable Oil (Rapeseed, Sunflower), Spices (contains **CELERY**), Flavourings, Salt, Free Range **EGG** Albumen Powder, Yeast Extract, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Parsley, Whey Protein Concentrate (from **MILK**), Acidity Regulator (Citric Acid), **MUSTARD** Flour, Potassium Chloride, Spice Extracts.

OR: Chicken Breast Meat (59%), Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Breadcrumbs (contains **WHEAT**), Vegetable Oil (Rapeseed, Sunflower), Starch, **WHEAT** Semolina, Spices (contains **CELERY**), Natural Flavourings, Free Range **EGG** Albumen, Salt, Raising Agent (Disodium Diphosphate, Sodium Bicarbonate), Yeast Extract, Parsley, Potassium Chloride, Whey Protein Concentrate (from **MILK**), Citric Acid, **MUSTARD** Flour, Spice Extract.

Prepared in the restaurant using non-hydrogenated vegetable oil.

Brown Bakehouse Roll:

WHEAT Flour, Water, **RYE** Flour, **WHEAT** Bran, Yeast, Vegetable Oil (Rapeseed), Salt, Dextrose, Sugar, Preservative (Calcium Propionate), Thickener (Carboxymethyl Cellulose), Malted **WHEAT** Flour, **WHEAT** Fibre, Flour Treatment Agent (Ascorbic Acid), Malted **BARLEY** Flour.

N.B. May contain traces of sesame seeds and milk.

Hot & Spicy Mayo:

Water, Rapeseed Oil (30%), Spirit Vinegar, Modified Maize Starch, Free Range **EGG** Yolk (3.0%), Sugar, Salt, Spices (contains **MUSTARD**), Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Birdseye Chilli, Lemon Juice Concentrate, Colour (Paprika Extract).

Lettuce (Batavia):

100% Batavia Lettuce.



Chicken Legend® with BBQ Sauce

Chicken Legend Patty:

EITHER: Chicken Breast Meat (59%), **WHEAT** Flour, Water, Breadcrumbs, (**WHEAT** Flour, Salt, Yeast), Starch, **WHEAT** Semolina, Vegetable Oil (Rapeseed, Sunflower), Spices (contains **CELERY**), Flavourings, Salt, Free Range **EGG** Albumen Powder, Yeast Extract, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Parsley, Whey Protein Concentrate (from **MILK**), Acidity Regulator (Citric Acid), **MUSTARD** Flour, Potassium Chloride, Spice Extracts.

OR: Chicken Breast Meat (59%), Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Breadcrumbs (contains **WHEAT**), Vegetable Oil (Rapeseed, Sunflower), Starch, **WHEAT** Semolina, Spices (contains **CELERY**), Natural Flavourings, Free Range **EGG** Albumen, Salt, Raising Agent (Disodium Diphosphate, Sodium Bicarbonate), Yeast Extract, Parsley, Potassium Chloride, Whey Protein Concentrate (from **MILK**), Citric Acid, **MUSTARD** Flour, Spice Extract.

Prepared in the restaurant using non-hydrogenated vegetable oil.

Brown Bakehouse Roll:

WHEAT Flour, Water, **RYE** Flour, **WHEAT** Bran, Yeast, Vegetable Oil (Rapeseed), Salt, Dextrose, Sugar, Preservative (Calcium Propionate), Thickener (Carboxymethyl Cellulose), Malted **WHEAT** Flour, **WHEAT** Fibre, Flour Treatment Agent (Ascorbic Acid), Malted **BARLEY** Flour.

N.B. May contain traces of sesame seeds and milk.

Smoky BBQ Sauce:

Water, Glucose-Fructose Syrup, Spirit Vinegar, Sugar, Tomato Paste, Cane Molasses, Modified Maize Starch, Salt, Spices (contains **MUSTARD**), Preservative (Potassium Sorbate), Smoke Flavourings.

Lettuce (Batavia):

100% Batavia Lettuce.



Mayo Chicken

Chicken Patty:

Chicken Breast Meat (44%), Water, **WHEAT** Flour (contains, Calcium Carbonate, Iron, Niacin, Thiamin), Vegetable Oil (Sunflower, Rapeseed), Breadcrumb (**WHEAT** Flour, Water, Yeast, Salt), Rusk (**WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Salt, Sunflower Oil), **WHEAT** Semolina, Starch, Modified Starch (**WHEAT**), Salt, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate, Calcium Phosphate), Natural Flavouring, Potassium Chloride, Dextrose, Garlic Powder, Pepper, Yeast Extract.

Prepared in the restaurants using non-hydrogenated vegetable oil.

N.B. May contain traces of celery, egg, milk, mustard.

Bun:

WHEAT Flour (with Calcium, Iron, Niacin (B3), Thiamin (B1)), Water, Sugar, Yeast, Rapeseed Oil, Salt, Emulsifiers (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids), **WHEAT** Fibre, Preservative (Calcium Propionate), De-activated Yeast, Antioxidant (Ascorbic Acid).

N.B. May contain traces of sesame seeds, milk, rye and barley.

Lettuce:

100% Iceberg Lettuce.

Cool Mayo:

Water, Rapeseed Oil (28%), Spirit Vinegar, Modified Maize Starch, Free Range **EGG** Yolk (3%), Sugar, Salt, **MUSTARD** Flour, Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate.



BBQ Chicken BLT

Bun:

WHEAT Flour (with Calcium, Iron, Niacin (B3), Thiamin (B1)), Water, Sugar, Yeast, Rapeseed Oil, Salt, Emulsifiers (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids), **WHEAT** Fibre, Preservative (Calcium Propionate), De-activated Yeast, Antioxidant (Ascorbic Acid).

N.B. May contain traces of sesame seeds, milk, rye and barley.

Chicken Patty:

Chicken Breast Meat (44%), Water, **WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Vegetable Oil (Sunflower, Rapeseed), Breadcrumb (**WHEAT** Flour, Water, Yeast, Salt), Rusk (**WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Salt, Sunflower Oil), **WHEAT** Semolina, Starch, Modified Starch (**WHEAT**), Salt, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate, Calcium Phosphate), Natural Flavouring, Potassium Chloride, Dextrose, Garlic Powder, Pepper, Yeast Extract.

Prepared in the restaurants using non-hydrogenated vegetable oil.

N.B. May contain traces of celery, egg, milk, mustard.

Smoky BBQ Sauce:

Water, Glucose-Fructose Syrup, Spirit Vinegar, Sugar, Tomato Paste, Cane Molasses, Modified Maize Starch, Salt, Spices (contains **MUSTARD**), Preservative (Potassium Sorbate), Smoke Flavourings.

Cheddar Cheese Slice (Processed):

Vegetarian Cheddar (51%) (**MILK**), Water, Vegetarian Cheese (9%) (**MILK**), Whey Powder (**MILK**), Butter (**MILK**), Emulsifying Salts (Trisodium Citrate, Citric Acid), **MILK** Proteins, Natural Cheese Flavouring (**MILK**), Salt, Colour (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin Oil).

Lettuce:

100% Iceberg Lettuce.

Beechwood Smoked Bacon:

Pork Bellies, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate).

Made with 180g of raw pork per 100g of finished product.



Spicy Chicken Snack Wrap

Tortilla Wrap:

EITHER: **WHEAT** Flour (67%), Water, Stabilisers (Glycerol, Sodium Carboxy Methyl Cellulose), Rapeseed Oil, Raising Agents (Diphosphates, Calcium Phosphates, Sodium Carbonates), Emulsifier (Mono- and Diglycerides of Fatty Acids), Acid (Malic Acid).

OR: **WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), Rapeseed Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast.

N.B. May contain traces of sesame seeds, milk, rye and barley.

Chicken Select:

EITHER: Chicken Breast Meat (57%), **WHEAT** Flour, Water, Vegetable Oil (Rapeseed, Sunflower), **WHEAT** Gluten, Starch, Modified Maize Starch, Salt, Yeast Extract, Spices (**CELERY**), Acidity Regulators (Sodium Carbonate, Sodium Citrate), Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Onion Powder, Garlic Powder, Spice Extract (**CELERY**), Stabiliser (Carrageenan), Dextrose, Flavouring.

OR: Chicken Breast Meat (57%), Water, **WHEAT** Flour, Vegetable Oils (Sunflower, Rapeseed), Modified Starch, Starches, Salt, **WHEAT** Gluten, Yeast Extract, Spices (contains **CELERY**), Acidity Regulators (Sodium Carbonate, Sodium Citrate), Onion Powder, Raising Agents (Sodium Acid Pyrophosphate, Sodium Carbonates), Garlic Powder, Spice Extract (contains **CELERY**), Dextrose, Stabiliser (Carrageenan), Flavouring Preparation, Colour (Paprika Extract), Emulsifier (Polysorbate 80), Rosemary Extract.

Prepared in the restaurants using a non-hydrogenated vegetable oil.

N.B. May contain traces of egg, milk and mustard.

Hot & Spicy Mayo:

Water, Rapeseed Oil (30%), Spirit Vinegar, Modified Maize Starch, Free Range **EGG** Yolk (3.0%), Sugar, Salt, Spices (contains **MUSTARD**), Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Birdseye Chilli, Lemon Juice Concentrate, Colour (Paprika Extract).

Cheddar Cheese Slice (Processed):

Vegetarian Cheddar (51%) (**MILK**), Water, Vegetarian Cheese (9%) (**MILK**), Whey Powder (**MILK**), Butter (**MILK**), Emulsifying Salts (Trisodium Citrate, Citric Acid), **MILK** Proteins, Natural Cheese Flavouring (**MILK**), Salt, Colour (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin Oil).

Lettuce:

100% Iceberg Lettuce.



Vegetable Deluxe

Sesame Bun:

WHEAT Flour (with Calcium, Iron, Niacin (B3), Thiamin (B1)), Water, Sugar, **SESAME** Seeds, Rapeseed Oil, Salt, Yeast, **WHEAT** Gluten, Emulsifiers (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids), Preservative (Calcium Propionate), De-activated Yeast, Antioxidant (Ascorbic Acid).

N.B. May contain traces of milk, rye and barley.

Spicy Veggie Patty:

Chickpeas (30%), Breadcrumbs (Rice Flour, Gram Flour, Maize Starch, Salt, Rapeseed Oil, Emulsifier (Mono- and Diglycerides of Fatty Acids), Dextrose), Onion (11%), Water, Yellow Split Peas (8%), Potato (7%), Sunflower Oil, Dehydrated Potato, Maize Flour, Maize Starch, Rapeseed Oil, Rice Flour, Potato Starch, Cumin, Sugar, Salt, Coriander Leaf, Garlic Powder, Garlic Puree, Stabiliser (Xanthan Gum), Colour (Paprika Extract).

Prepared in the restaurants using non-hydrogenated vegetable oil.

Lettuce:

100% Iceberg Lettuce.

Sandwich Sauce:

Water, Rapeseed Oil, Sugar, Spirit Vinegar, Modified Maize Starch, Free Range **EGG** Yolk, Salt, Thickener (Xanthan Gum), Spices (contains **MUSTARD**), Lemon Juice Concentrate, Preservative (Potassium Sorbate), Natural Onion Flavouring, Dried Garlic, Colours (Curcumin & Paprika Extract).



Spicy Vegetable Deluxe

Sesame Bun:

WHEAT Flour (with Calcium, Iron, Niacin (B3), Thiamin (B1)), Water, Sugar, **SESAME** Seeds, Rapeseed Oil, Salt, Yeast, **WHEAT** Gluten, Emulsifiers (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids), Preservative (Calcium Propionate), De-activated Yeast, Antioxidant (Ascorbic Acid).

N.B. May contain traces of milk, rye and barley.

Spicy Veggie Patty:

Chickpeas (30%), Breadcrumbs (Rice Flour, Gram Flour, Maize Starch, Salt, Rapeseed Oil, Emulsifier (Mono- and Diglycerides of Fatty Acids), Dextrose), Onion (11%), Water, Yellow Split Peas (8%), Potato (7%), Sunflower Oil, Dehydrated Potato, Maize Flour, Maize Starch, Rapeseed Oil, Rice Flour, Potato Starch, Cumin, Sugar, Salt, Coriander Leaf, Garlic Powder, Garlic Puree, Stabiliser (Xanthan Gum), Colour (Paprika Extract).

Prepared in the restaurants using non-hydrogenated vegetable oil.

Cucumber:

100% Cucumber.

Lettuce:

100% Iceberg Lettuce.

Cool Mayo:

Water, Rapeseed Oil (28%), Spirit Vinegar, Modified Maize Starch, Free Range **EGG** Yolk (3%), Sugar, Salt, **MUSTARD** Flour, Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate.

Sweet Chilli Sauce:

Sugar, Water, Spirit Vinegar, Red Chillies (5%), Modified Maize Starch, Vegetable Oil (Rapeseed & Sunflower), Salt, Dried Chillies, Garlic, Dried Red Bell Pepper, Acid (Citric Acid), Thickeners (Guar Gum & Xanthan Gum), Colour (Paprika Extract), White Wine Vinegar, Preservative (Potassium Sorbate).



Filet-O-Fish®

Bun:

WHEAT Flour (with Calcium, Iron, Niacin (B3), Thiamin (B1)), Water, Sugar, Yeast, Rapeseed Oil, Salt, Emulsifiers (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids), **WHEAT** Fibre, Preservative (Calcium Propionate), De-activated Yeast, Antioxidant (Ascorbic Acid).

N.B. May contain traces of sesame seeds.

Fish Filet Portion:

Hoki Fillet (**FISH**) (75%), **WHEAT** Flour, Water, Modified **WHEAT** Starch, Cornflour, Salt, Corn Starch, Yeast, Thickener (Sodium Carboxymethyl Cellulose).

Prepared in the restaurants using non-hydrogenated vegetable oil.

Tartare Sauce:

Water, Rapeseed Oil, Gherkin, Spirit Vinegar, Onion, Free Range **EGG** Yolk, Modified Maize Starch, Sugar, Salt, Thickener (Xanthan Gum), **MUSTARD** Flour, Capers, Preservative (Potassium Sorbate), Firming Agent (Calcium Chloride), Dried Parsley, Flavourings.

Cheddar Cheese Slice (processed):

Vegetarian Cheddar (51%) (**MILK**), Water, Vegetarian Cheese (9%) (**MILK**), Whey Powder (**MILK**), Butter (**MILK**), Emulsifying Salts (Trisodium Citrate, Citric Acid), **MILK** Proteins, Natural Cheese Flavouring (**MILK**), Salt, Colour (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin Oil).

Fish Fingers

Hoki Fillet (**FISH**) (65%), **WHEAT** Flour, Water, Modified **WHEAT** Starch, Corn Flour, Salt, Corn Starch, Yeast, Thickener (Sodium Carboxymethyl Cellulose).

Prepared in the restaurants using non-hydrogenated vegetable oil.



Fries

Potatoes, Vegetable Oil (Sunflower, Rapeseed), Dextrose (predominantly added at beginning of the potato season).

Prepared in the restaurants using non-hydrogenated vegetable oil. Salt is added after cooking.

N.B. Please note our Fries can be cooked in the same oil as the Spicy Veggie Patty and during promotions with Potato Wedges.



Carrot Sticks

100% Carrot.



Espresso (Double and Single)

Coffee:

100% Roasted Coffee Beans, Water.

100% Arabica coffee beans, grown on Rainforest Alliance Certified™ farms.

Black Coffee

Coffee:

100% Roasted Coffee Beans, Water.

100% Arabica coffee beans, grown on Rainforest Alliance Certified™ farms.

White Coffee

Coffee:

100% Roasted Coffee Beans, Water.

100% Arabica coffee beans, grown on Rainforest Alliance Certified™ farms.

Milk:

Organic Semi Skimmed **MILK**.

Cappuccino

Coffee:

100% Roasted Coffee Beans, Water.

100% Arabica coffee beans, grown on Rainforest Alliance Certified™ farms.

Milk:

Organic Semi Skimmed **MILK**.

Chocolatey Powder:

Sugar, Cocoa, Salt, Flavourings.

N.B. May contain traces of milk.



Latte

Coffee:

100% Roasted Coffee Beans, Water.

100% Arabica coffee beans, grown on Rainforest Alliance Certified™ farms.

Milk:

Organic Semi Skimmed **MILK**.

Toffee Latte

Coffee:

100% Roasted Coffee Beans, Water.

100% Arabica coffee beans, grown on Rainforest Alliance Certified™ farms.

Milk:

Organic Semi Skimmed **MILK**.

Toffee Syrup:

Sucrose Syrup, Natural Flavouring, Preservative (Potassium Sorbate), Acidity Regulator (Citric Acid), Colour (Plain Caramel).

Spray Cream:

Cream (20% fat) (**MILK**), Sugar (5%), Dried Glucose Syrup (3%), Propellant (Nitrous Oxide), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Lactic Acid Esters of Mono- and Diglycerides of Fatty Acids), Stabilisers (Carrageenan).

Toffee Drizzle:

Glucose Syrup, Sweetened Condensed Whole **MILK** (Whole **MILK**, Sugar), Glucose-Fructose Syrup, **BUTTER**, Salt, Stabiliser (Sodium Citrates), Thickener (Pectin).



Mocha

Coffee:

100% Roasted Coffee Beans, Water.

100% Arabica coffee beans, grown on Rainforest Alliance Certified™ farms.

Milk:

Organic Semi Skimmed **MILK**.

Chocolatey Syrup:

Sugar, Skimmed **MILK**, 10% Fat Reduced Cocoa, Vegetable Oil (Palm), Whey Powder (**MILK**), Salt, Stabiliser (Trisodium Citrate), Flavouring, Emulsifier (**SOYA** Lecithin).

Spray Cream:

Cream (20% fat) (**MILK**), Sugar (5%), Dried Glucose Syrup (3%), Propellant (Nitrous Oxide), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Lactic Acid Esters of Mono- and Diglycerides of Fatty Acids), Stabiliser (Carrageenan).

Chocolatey Powder:

Sugar, Cocoa, Salt, Flavourings.

N.B. May contain traces of milk.

Hot Chocolate

Water, Sugar, Skimmed **MILK**, 10% Fat Reduced Cocoa, Vegetable Oil (Palm), Whey Powder (**MILK**), Salt, Stabiliser (Trisodium Citrate), Flavouring, Emulsifier (**SOYA** Lecithin).



Tea

Blended Black Tea, Water.

PG tips® tea is from sustainable farms certified by the Rainforest Alliance™.

Milk – Portion

Organic Semi Skimmed **MILK**.

Canderel Yellow Sweetener Sachet

Dextrose, Sweetener (Sucralose (1.4%)), Anti-caking Agent (Silicon Dioxide).

White Sugar Sachet

Sugar.



Coca-Cola®

Carbonated Water, Sugar, Colour (Sulphite Ammonia Caramel), Phosphoric Acid, Flavourings (including Caffeine).

Sprite Zero®

Carbonated Water, Citric Acid, Flavourings, Sweeteners (Aspartame*, Acesulfame K), Preservative (Sodium Benzoate), Acidity Regulator (Sodium Citrate).

*contains a source of Phenylalanine.

Diet Coke®

Carbonated Water, Colour (Caramel), Sweeteners (Aspartame*, Acesulfame K), Flavourings (including Caffeine), Phosphoric Acid, Citric Acid, Preservative (Sodium Benzoate), Acidity Regulator (Sodium Citrate), Anti-foaming Agent (Dimethyl Polysiloxane).

*contains a source of Phenylalanine.

Coca-Cola® Zero Sugar

Carbonated Water, Colour (Caramel), Phosphoric Acid, Sweeteners (Aspartame*, Acesulfame K), Flavourings (including Caffeine), Acidity Regulator (Sodium Citrate), Preservative (Sodium Benzoate), Anti-Foaming Agent (Dimethyl Polysiloxane).

*contains a source of Phenylalanine.

Fanta® Orange

Carbonated Water, Sugar, Orange Juice (from Concentrate) (1%), Citric Acid, Vegetable Concentrates (Carrot, Pumpkin), Malic Acid, Natural Orange Flavourings with Other Natural Flavourings, Preservatives (Potassium Sorbate, Sodium Benzoate), Sweeteners (Acesulfame-K, Aspartame*), Acidity Regulator (Sodium Citrate), Antioxidant (Ascorbic Acid), Stabiliser (Guar Gum), Anti-Foaming Agent (Dimethylpolysiloxane).

*contains a source of Phenylalanine.

Robinsons Fruit Shoot®

Low Calorie Apple & Blackcurrant Soft Drink with Sweeteners and Vitamins:

Water, Fruit Juices from Concentrate (Apple 6%, Blackcurrant 2%, Plum), Acid (Citric Acid), Natural Colour (Anthocyanins), Natural Flavouring, Preservatives (Potassium Sorbate, Dimethyl Dicarboxylate), Acidity Regulator (Sodium Citrate), Antioxidant (Ascorbic Acid), Sweeteners (Acesulfame K, Sucralose), Mineral (Zinc Sulphate), Vitamins (B6, D, B12).

Oasis®

Water, Sugar, Fruit Juices (from concentrate) (5%) (Apple, Strawberry, Redcurrant, Cherry), Citric Acid, Flavourings, Fruit and Vegetable Concentrates (Blueberry, Blackberry, Carrot, Apple, Hibiscus), Stabiliser (Sodium Polyphosphate), Acidity Regulator (Sodium Citrate), Sweeteners (Aspartame*, Acesulfame K), Preservatives (Potassium Sorbate, Sodium Benzoate).

*contains a source of Phenylalanine.

Organic Milk (Semi-Skimmed)

Organic Semi Skimmed **MILK**.

Buxton® Natural Mineral Water available in 250ml & 500ml

Natural Mineral Water.

Tropicana® Orange Juice

100% Pure Unsweetened Orange Juice (not from concentrate).

Irn Bru®

Available in selected restaurants in Scotland:

Carbonated Water, Sugar, Citric Acid, Flavourings (including Caffeine and Quinine), Antioxidant (Ascorbic Acid), Colour (Apocarotenal), Preservative (Potassium Sorbate).



Banana Milkshake

Milkshake Base:

Skimmed **MILK**, Sugar, Cream (**MILK**), Whey Powder (**MILK**), Glucose Syrup, Stabilisers (Guar Gum, Carrageenan, Carob Gum).

Banana Flavour Milkshake Syrup:

Sugar, Water, Glucose Syrup, Flavouring, Preservative (Potassium Sorbate), Acid (Citric Acid), Colour (Paprika Extract, Curcumin).

N.B. May contain traces of soya.

Chocolate Milkshake

Milkshake Base:

Skimmed **MILK**, Sugar, Cream (**MILK**), Whey Powder (**MILK**), Glucose Syrup, Stabilisers (Guar Gum, Carrageenan, Carob Gum).

Chocolate Flavoured Milkshake Syrup:

Glucose Syrup, Water, Fat Reduced Cocoa Powder, Colour (Ammonia Caramel), Fructose Syrup, Aromatic Caramel, Salt, Unsalted Butter (**MILK**), Acidity Regulators (Phosphoric Acid, Citric Acid), Flavouring, Cocoa Mass, Emulsifier (**SOYA** Lecithin), Preservative (Potassium Sorbate).



Strawberry Milkshake

Milkshake Base:

Skimmed **MILK**, Sugar, Cream (**MILK**), Whey Powder (**MILK**), Glucose Syrup, Stabilisers (Guar Gum, Carrageenan, Carob Gum).

Strawberry Flavour Milkshake Syrup:

Water, Sugar, Glucose Syrup, Strawberry Juice Concentrate (1.8%), Natural Colour (Beet Red), Acidity Regulator (Citric Acid), Flavouring, Preservative (Potassium Sorbate).

N.B. May contain traces of soya.

Vanilla Milkshake

Milkshake Base:

Skimmed **MILK**, Sugar, Cream (**MILK**), Whey Powder (**MILK**), Glucose Syrup, Stabilisers (Guar Gum, Carrageenan, Carob Gum).

Vanilla Flavour Milkshake Syrup:

Water, Sugar, Colour (Sulphite Ammonia Caramel), Flavouring (Vanillin), Acid (Citric Acid), Preservative (Potassium Sorbate).

N.B. May contain traces of soya.



Mango & Pineapple Iced Fruit Smoothie

Mango & Pineapple Smoothie Mix:

Fruit Juice and Puree (partly from concentrates) (Pineapple (32%), Pear, White Grape, Mango (17%)), Stabilisers (Cellulose Gum, Xanthan Gum, Pectin), Acidulant (Citric Acid), Natural Flavouring.

Yogurt Base Mix:

Skimmed **MILK**, Cream (**MILK**), Lactose (from **MILK**), **MILK** Proteins, Skimmed **MILK** Powder, Modified Maize Starch, Stabiliser (Pectin), Bacterial Cultures.

Strawberry & Banana Iced Fruit Smoothie

Strawberry & Banana Smoothie Mix:

Fruit Juice and Puree (partly from concentrates) (Apple, Pear, Banana, Strawberry), Stabilisers (Cellulose Gum, Xanthan Gum, Pectin), Natural Flavouring, Fruit and Vegetable Concentrates (Black Carrot, Safflower, Cherry), Acidifier (Citric Acid).

Yogurt Base Mix:

Skimmed **MILK**, Cream (**MILK**), Lactose (from **MILK**), **MILK** Proteins, Skimmed **MILK** Powder, Modified Maize Starch, Stabiliser (Pectin), Bacterial Cultures.



Mocha Iced Frappé

Mocha Frappé Base Mix:

Skimmed **MILK**, Cream (**MILK**), Sugar, Dextrose, Dried Skimmed **MILK**, Fructose, Caramelised Sugar Syrup, Coffee Extract, Cocoa Powder, Natural Flavouring, Stabilisers (Guar Gum, Pentasodium Triphosphate, Carrageenan), Colour (Beta Carotene).

Ice:

100% Crushed Ice.

Spray Cream:

Cream (20% fat) (**MILK**), Sugar (5%), Dried Glucose Syrup (3%), Propellant (Nitrous Oxide), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Lactic Acid Esters of Mono- and Diglycerides of Fatty Acids), Stabiliser (Carrageenan).

Chocolate Drizzle Sauce:

Sweetened Condensed Whole **MILK** (Whole **MILK**, Sugar), Sugar, Water, Coconut Fat, Reduced Fat Cocoa Powder 5%, Modified Starch, Salt, Stabiliser (Sodium Citrates).

Caramel Iced Frappé

Caramel Frappé Base Mix:

Skimmed **MILK**, Cream (**MILK**), Sugar, Dried Skimmed **MILK**, Dextrose, Fructose, Coffee Extract, Natural Flavourings, Stabilisers (Guar Gum, Pentasodium Triphosphate, Carrageenan).

Ice:

100% Crushed Ice.

Spray Cream:

Cream (20% fat) (**MILK**), Sugar (5%), Dried Glucose Syrup (3%), Propellant (Nitrous Oxide), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Lactic Acid Esters of Mono- and Diglycerides of Fatty Acids), Stabiliser (Carrageenan).

Caramel Drizzle Sauce:

Glucose Syrup, Sweetened Condensed Whole **MILK** (Whole **MILK**, Sugar), Glucose-Fructose-Syrup, **BUTTER**, Salt, Stabiliser (Sodium Citrates), Thickener (Pectin).



The Hot Peri Peri Chicken One

(with a choice of Crispy or new Grilled Chicken)

Tortilla Wrap:

EITHER: WHEAT Flour (67%), Water, Stabilisers (Glycerol, Sodium Carboxy Methyl Cellulose), Rapeseed Oil, Raising Agents (Diphosphates, Calcium Phosphates, Sodium Carbonates), Emulsifier (Mono- and Diglycerides of Fatty Acids), Acid (Malic Acid).

OR: WHEAT Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), Rapeseed Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast.

NB: May contain traces of sesame seeds, milk, rye and barley.

NEW Grilled Chicken:

Chicken Breast Meat, Potato Starch, Sunflower Oil, Dextrose, Salt, Stabilizer (Processed Eucheuma Seaweed), Flavoursings, Yeast Extract, Buckwheat Flour, Dried Yeast, Acidity Regulator (Citric Acid).

Prepared from 102 g of raw material for 100g finish product.

OR

Chicken Selects:

EITHER: Chicken Breast Meat (57%), **WHEAT** Flour, Water, Vegetable Oil (Rapeseed, Sunflower), **WHEAT** Gluten, Starch, Modified Maize Starch, Salt, Yeast Extract, Spices (**CELERY**), Acidity Regulators (Sodium Carbonate, Sodium Citrate), Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Onion Powder, Garlic Powder, Spice Extract (**CELERY**), Stabiliser (Carrageenan), Dextrose, Flavouring.

OR: Chicken Breast Meat (57%), Water, **WHEAT** Flour, Vegetable Oils (Sunflower, Rapeseed), Modified Starch, Starches, Salt, **WHEAT** Gluten, Yeast Extract, Spices (contains **CELERY**), Acidity Regulators (Sodium Carbonate, Sodium Citrate), Onion Powder, Raising Agents (Sodium Acid Pyrophosphate, Sodium Carbonates), Garlic Powder, Spice Extract (contains **CELERY**), Dextrose, Stabiliser (Carrageenan), Flavouring Preparation, Colour (Paprika Extract), Emulsifier (Polysorbate 80), Rosemary Extract.

Prepared in the restaurants using non-hydrogenated vegetable oil.

N.B. May contain traces of mustard, egg and milk.

Pepper Jack Cheese Slice (processed):

Monterey Jack Cheese (53%) (**MILK**), Water, Butter (**MILK**), Milk Proteins (**MILK**), Emulsifying Salts (Trisodium Citrate, Citric Acid), Whey Powder (**MILK**), Natural Cheese Flavouring (**MILK**), Salt, Dried Red Bell Peppers (0.4%), Dried Jalapeño Peppers (0.4%), Jalapeño Pepper Extract, Anti Caking Agent (Sunflower Lecithin).

Hot Peri Peri Sauce:

Tomato Puree, Sugar, Spirit Vinegar, Chili (6.5%), Rapeseed Oil, Bell Pepper, Modified Maize Starch, Spices, Salt, Acid (Citric Acid), Caramel Sugar Syrup, Thickener (Xanthan Gum), Preservative (Potassium Sorbate).

Lettuce (Batavia):

100% Batavia Lettuce.

Onion:

100% Onion.



The BBQ Chicken & Bacon One

(with a choice of Crispy or new Grilled Chicken)

Tortilla Wrap:

EITHER: WHEAT Flour (67%), Water, Stabilisers (Glycerol, Sodium Carboxy Methyl Cellulose), Rapeseed Oil, Raising Agents (Diphosphates, Calcium Phosphates, Sodium Carbonates), Emulsifier (Mono- and Diglycerides of Fatty Acids), Acid (Malic Acid).

OR: WHEAT Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), Rapeseed Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast.

NB: May contain traces of sesame seeds, milk, rye and barley.

NEW Grilled Chicken:

Chicken Breast Meat, Potato Starch, Sunflower Oil, Dextrose, Salt, Stabilizer (Processed Eucheuma Seaweed), Flavourings, Yeast Extract, Buckwheat Flour, Dried Yeast, Acidity Regulator (Citric Acid).

Prepared from 102 g of raw material for 100g finish product.

OR

Chicken Selects:

EITHER: Chicken Breast Meat (57%), **WHEAT** Flour, Water, Vegetable Oil (Rapeseed, Sunflower), **WHEAT** Gluten, Starch, Modified Maize Starch, Salt, Yeast Extract, Spices (**CELERY**), Acidity Regulators (Sodium Carbonate, Sodium Citrate), Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Onion Powder, Garlic Powder, Spice Extract (**CELERY**), Stabiliser (Carrageenan), Dextrose, Flavouring.

OR: Chicken Breast Meat (57%), Water, **WHEAT** Flour, Vegetable Oils (Sunflower, Rapeseed), Modified Starch, Starches, Salt, **WHEAT** Gluten, Yeast Extract, Spices (contains **CELERY**), Acidity Regulators (Sodium Carbonate, Sodium Citrate), Onion Powder, Raising Agents (Sodium Acid Pyrophosphate, Sodium Carbonates), Garlic Powder, Spice Extract (contains **CELERY**), Dextrose, Stabiliser (Carrageenan), Flavouring Preparation, Colour (Paprika Extract), Emulsifier (Polysorbate 80), Rosemary Extract.

Prepared in the restaurants using non-hydrogenated vegetable oil.

N.B. May contain traces of mustard, egg and milk.

Smoky BBQ Sauce:

Water, Glucose-Fructose Syrup, Spirit Vinegar, Sugar, Tomato Paste, Cane Molasses, Modified Maize Starch, Salt, Spices (contains **MUSTARD**), Preservative (Potassium Sorbate), Smoke Flavourings.

Cool Mayo:

Water, Rapeseed Oil (28%), Spirit Vinegar, Modified Maize Starch, Free Range **EGG** Yolk (3%), Sugar, Salt, **MUSTARD** Flour, Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate.

Tomato Slice:

100% Tomato.

Lettuce (Batavia):

100% Batavia Lettuce.

Beechwood Smoked Bacon:

Pork Bellies, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate).

Made with 180g of raw pork per 100g of finished product.



The Sweet Chilli Chicken One (with a choice of Crispy or new Grilled Chicken)

Tortilla Wrap:

EITHER: WHEAT Flour (67%), Water, Stabilisers (Glycerol, Sodium Carboxy Methyl Cellulose), Rapeseed Oil, Raising Agents (Diphosphates, Calcium Phosphates, Sodium Carbonates), Emulsifier (Mono- and Diglycerides of Fatty Acids), Acid (Malic Acid).

OR: WHEAT Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), Rapeseed Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast.

NB: May contain traces of sesame seeds, milk, rye and barley.

NEW Grilled Chicken:

Chicken Breast Meat, Potato Starch, Sunflower Oil, Dextrose, Salt, Stabilizer (Processed Eucheuma Seaweed), Flavourings, Yeast Extract, Buckwheat Flour, Dried Yeast, Acidity Regulator (Citric Acid).

Prepared from 102 g of raw material for 100g finish product.

OR

Chicken Selects:

EITHER: Chicken Breast Meat (57%), **WHEAT** Flour, Water, Vegetable Oil (Rapeseed, Sunflower), **WHEAT** Gluten, Starch, Modified Maize Starch, Salt, Yeast Extract, Spices (**CELERY**), Acidity Regulators (Sodium Carbonate, Sodium Citrate), Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Onion Powder, Garlic Powder, Spice Extract (**CELERY**), Stabiliser (Carrageenan), Dextrose, Flavouring.

OR: Chicken Breast Meat (57%), Water, **WHEAT** Flour, Vegetable Oils (Sunflower, Rapeseed), Modified Starch, Starches, Salt, **WHEAT** Gluten, Yeast Extract, Spices (contains **CELERY**), Acidity Regulators (Sodium Carbonate, Sodium Citrate), Onion Powder, Raising Agents (Sodium Acid Pyrophosphate, Sodium Carbonates), Garlic Powder, Spice Extract (contains **CELERY**), Dextrose, Stabiliser (Carrageenan), Flavouring Preparation, Colour (Paprika Extract), Emulsifier (Polysorbate 80), Rosemary Extract.

Prepared in the restaurants using non-hydrogenated vegetable oil.

N.B. May contain traces of mustard, egg and milk.

Cucumber:

100% Cucumber.

Lettuce (Batavia):

100% Batavia Lettuce.

Cool Mayo:

Water, Rapeseed Oil (28%), Spirit Vinegar, Modified Maize Starch, Free Range **EGG** Yolk (3%), Sugar, Salt, **MUSTARD** Flour, Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate.

Sweet Chilli Sauce:

Sugar, Water, Spirit Vinegar, Red Chillies (5%), Modified Maize Starch, Vegetable Oil (Rapeseed & Sunflower), Salt, Dried Chillies, Garlic, Dried Red Bell Pepper, Acid (Citric Acid), Thickeners (Guar Gum & Xanthan Gum), Colour (Paprika Extract), White Wine Vinegar, Preservative (Potassium Sorbate).



The Garlic Mayo Chicken One

(with a choice of Crispy or new Grilled Chicken)

Tortilla Wrap:

EITHER: **WHEAT** Flour (67%), Water, Stabilisers (Glycerol, Sodium Carboxy Methyl Cellulose), Rapeseed Oil, Raising Agents (Diphosphates, Calcium Phosphates, Sodium Carbonates), Emulsifier (Mono- and Diglycerides of Fatty Acids), Acid (Malic Acid).

OR: **WHEAT** Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), Rapeseed Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast.

N.B. May contain traces of sesame seeds, milk, rye and barley.

NEW Grilled Chicken:

Chicken Breast Meat, Potato Starch, Sunflower Oil, Dextrose, Salt, Stabilizer (Processed Eucheuma Seaweed), Flavourings, Yeast Extract, Buckwheat Flour, Dried Yeast, Acidity Regulator (Citric Acid).

Prepared from 102 g of raw material for 100g finish product.

OR

Chicken Selects:

EITHER: Chicken Breast Meat (57%), **WHEAT** Flour, Water, Vegetable Oil (Rapeseed, Sunflower), **WHEAT** Gluten, Starch, Modified Maize Starch, Salt, Yeast Extract, Spices (**CELERY**), Acidity Regulators (Sodium Carbonate, Sodium Citrate), Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Onion Powder, Garlic Powder, Spice Extract (**CELERY**), Stabiliser (Carrageenan), Dextrose, Flavouring.

OR: Chicken Breast Meat (57%), Water, **WHEAT** Flour, Vegetable Oils (Sunflower, Rapeseed), Modified Starch, Starches, Salt, **WHEAT** Gluten, Yeast Extract, Spices (contains **CELERY**), Acidity Regulators (Sodium Carbonate, Sodium Citrate), Onion Powder, Raising Agents (Sodium Acid Pyrophosphate, Sodium Carbonates), Garlic Powder, Spice Extract (contains **CELERY**), Dextrose, Stabiliser (Carrageenan), Flavouring Preparation, Colour (Paprika Extract), Emulsifier (Polysorbate 80), Rosemary Extract.

Prepared in the restaurants using a non-hydrogenated vegetable oil.

N.B. May contain traces of egg, milk and mustard.

Garlic Mayo:

Water, Rapeseed Oil (27%), Sour Cream (from **MILK**), Spirit Vinegar, Sugar, Modified Maize Starch, Free Range **EGG** Yolk (3.0%), Garlic Puree (2.0%), Salt, Spices (contain **MUSTARD**), Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate.

Cucumber:

100% Cucumber.

Tomato Slice:

100% Tomato.

Lettuce (Batavia):

100% Batavia Lettuce



Grilled Chicken and Bacon Salad

Salad Leaf:

Apollo, Lollo Rosso, Red Chard.

N.B. Amount of each salad item in a portion may vary depending on how salad is mixed.

NEW Grilled Chicken:

Chicken Breast Meat, Potato Starch, Sunflower Oil, Dextrose, Salt, Stabilizer (Processed Eucheuma Seaweed), Flavourings, Yeast Extract, Buckwheat Flour, Dried Yeast, Acidity Regulator (Citric Acid).

Prepared from 102 g of raw material for 100g finish product.

Cherry Tomatoes:

100% Tomato.

Cucumber:

100% Cucumber.

Beechwood Smoked Bacon:

Pork Bellies, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate).

Made with 180g of raw pork per 100g of finished product.

Grilled Chicken Salad

Please note the ingredients for the Grilled Chicken Salad are the same as the Grilled Chicken & Bacon Salad above but without the bacon.

Shaker Side Salad

Salad Leaf:

Apollo, Lollo Rosso, Red Chard.

N.B. Amount of each salad item in a portion may vary depending on how salad is mixed.

Cherry Tomatoes:

100% Tomato.

Cucumber:

100% Cucumber.

Salad Dressings

Information for Salad Dressings can be found on page 33.



Crispy Chicken and Bacon Salad

Salad Leaf:

Apollo, Lollo Rosso, Red Chard.

N.B. Amount of each salad item in a portion may vary depending on how salad is mixed.

Chicken Legend Patty:

EITHER: Chicken Breast Meat (59%), **WHEAT** Flour, Water, Breadcrumb (**WHEAT** Flour, Salt, Yeast), Starch, **WHEAT** Semolina, Vegetable Oil (Rapeseed, Sunflower), Spices (contains **CELERY**), Flavourings, Salt, Free Range **EGG** Albumen Powder, Yeast Extract, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Parsley, Whey Protein Concentrate (from **MILK**), Acidity Regulator (Citric Acid), **MUSTARD** Flour, Potassium Chloride, Spice Extracts.

OR: Chicken Breast Meat (59%), Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Breadcrumb (contains **WHEAT**), Vegetable Oil (Rapeseed, Sunflower), Starch, **WHEAT** Semolina, Spices (contains **CELERY**), Natural Flavourings, Free Range **EGG** Albumen, Salt, Raising Agent (Disodium Diphosphate, Sodium Bicarbonate), Yeast Extract, Parsley, Potassium Chloride, Whey Protein Concentrate (from **MILK**), Citric Acid, **MUSTARD** Flour, Spice Extract.

Prepared in the restaurant using non-hydrogenated vegetable oil.

Cherry Tomatoes:

100% Tomato.

Cucumber:

100% Cucumber.

Beechwood Smoked Bacon:

Pork Bellies, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate).

Made with 180g of raw pork per 100g of finished product.

Crispy Chicken Salad

Please note the ingredients for the Crispy Chicken Salad are the same as the Crispy Chicken & Bacon Salad above but without the bacon.



Breakfast Wrap with Tomato Ketchup or Brown Sauce

Wrap:

EITHER: WHEAT Flour (67%), Water, Stabilisers (Glycerol, Sodium Carboxy Methyl Cellulose), Rapeseed Oil, Raising Agents (Diphosphates, Calcium Phosphates, Sodium Carbonates), Emulsifier (Mono- and Diglycerides of Fatty Acids), Acid (Malic Acid).

OR: WHEAT Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), Rapeseed Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast.

May contain traces of sesame seeds, milk, rye and barley.

Pork Sausage Patty:

Pork (97%), Salt, Dextrose, Herb and Herb Extract, Glucose Syrup, Spice, Yeast Extract.

Potato Rosti:

Potatoes, Vegetable Oil (Sunflower, High Oleic Sunflower, Rapeseed, High Oleic Rapeseed), Dehydrated Potato Flake, Dextrose, Stabiliser (Disodium Diphosphate).

Prepared in the restaurants using non-hydrogenated vegetable oil.

N.B. Please note our Potato Rosti can be cooked in the same oil as the Spicy Veggie Patty and during promotions with Potato Wedges.

Folded Egg:

Pasteurised Free Range Liquid **EGG**, Pasteurised Whole **MILK**.

N.B. Cooked in the restaurants using Liquid Fat & Dairy Blend (see ingredients below) which contains **MILK**.

Liquid Fat & Dairy Blend:

Vegetable Oil (Rapeseed), Water, Butter Oil (**MILK**), Buttermilk Powder (**MILK**), Salt (0.6%), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Citric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Flavour (Natural Butter Flavour (**MILK**)), Colour (Natural Beta Carotene).

Tomato Ketchup:

66% Tomato Puree (equivalent to 184g tomatoes per 100g ketchup), Glucose-Fructose Syrup, Spirit Vinegar, Salt, Spice Extracts.

OR

Brown Sauce:

Water, Sugar, Spirit Vinegar, Malt Vinegar (from **BARLEY**), Dates, Tomato Paste, Cane Molasses, **RYE** Flour, Modified Maize Starch, Salt, Invert Sugar Syrup, Natural Flavourings, Soy Sauce (Water, **SOYA** Extract [Water, **SOYA** Beans, Salt, **WHEAT** Flour (with Calcium, Iron, Niacin (Vitamin B3), Thiamin (Vitamin B1))], Salt, Glucose, Spirit Vinegar, **BARLEY** Malt Extract), Spices, **BARLEY** Malt Extract, Preservative (Potassium Sorbate).

Cheddar Cheese Slice (processed):

Vegetarian Cheddar (51%) (**MILK**), Water, Vegetarian Cheese (9%) (**MILK**), Whey Powder (**MILK**), Butter (**MILK**), Emulsifying Salts (Trisodium Citrate, Citric Acid), **MILK** Proteins, Natural Cheese Flavouring (**MILK**), Salt, Colour (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin Oil).

Beechwood Smoked Bacon:

Pork Bellies, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate).

Made with 180g of raw pork per 100g of finished product.



Egg & Cheese McMuffin®

English Muffin:

WHEAT Flour (with Calcium, Iron, Niacin (B3) and Thiamin (B1)), Water, Yeast, Yellow Polenta, Rice Flour, **WHEAT** Gluten, Sugar, Salt, Rapeseed Oil, Dried **RYE** Sourdough (Wholemeal **RYE** Flour, **RYE** Bran, Water), Preservative (Calcium Propionate), Acidity Regulator (Tartaric Acid), Emulsifiers (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids), Antioxidant (Ascorbic Acid).

N.B. May contain sesame seeds.

Egg:

Free Range **EGG**.

UK sourced free range eggs produced to Lion Quality standards.

N.B. Cooked in the restaurants using Liquid Fat & Dairy Blend (see ingredients below) which contains MILK.

Cheddar Cheese Slice (processed):

Vegetarian Cheddar (51%) (**MILK**), Water, Vegetarian Cheese (9%) (**MILK**), Whey Powder (**MILK**), Butter (**MILK**), Emulsifying Salts (Trisodium Citrate, Citric Acid), **MILK** Proteins, Natural Cheese Flavouring (**MILK**), Salt, Colour (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin Oil).

Liquid Fat & Dairy Blend:

Vegetable Oil (Rapeseed), Water, Butter Oil (**MILK**), Buttermilk Powder (**MILK**), Salt (0.6%), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Citric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Flavour (Natural Butter Flavour (**MILK**)), Colour (Natural Beta Carotene).



Bacon & Egg McMuffin® and Double Bacon & Egg McMuffin®

English Muffin:

WHEAT Flour (with Calcium, Iron, Niacin (B3) and Thiamin (B1)), Water, Yeast, Yellow Polenta, Rice Flour, **WHEAT** Gluten, Sugar, Salt, Rapeseed Oil, Dried **RYE** Sourdough (Wholemeal **RYE** Flour, **RYE** Bran, Water), Preservative (Calcium Propionate), Acidity Regulator (Tartaric Acid), Emulsifiers (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids), Antioxidant (Ascorbic Acid).

N.B. May contain sesame seeds.

Egg:

Free Range **EGG**.

UK sourced free range eggs produced to Lion Quality standards.

N.B. Cooked in the restaurants using Liquid Fat & Dairy Blend (see ingredients below) which contains MILK.

Back Bacon*:

Pork, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate). Made with more than 140g of pork per 100g of finished product.

*This bacon is smoked using beechwood.

Cheddar Cheese Slice (processed):

Vegetarian Cheddar (51%) (**MILK**), Water, Vegetarian Cheese (9%) (**MILK**), Whey Powder (**MILK**), Butter (**MILK**), Emulsifying Salts (Trisodium Citrate, Citric Acid), **MILK** Proteins, Natural Cheese Flavouring (**MILK**), Salt, Colour (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin Oil).

Liquid Fat & Dairy Blend:

Vegetable Oil (Rapeseed), Water, Butter Oil (**MILK**), Buttermilk Powder (**MILK**), Salt (0.6%), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Citric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Flavour (Natural Butter Flavour (**MILK**)), Colour (Natural Beta Carotene).



Sausage & Egg McMuffin® and Double Sausage & Egg McMuffin®

English Muffin:

WHEAT Flour (with Calcium, Iron, Niacin (B3) and Thiamin (B1)), Water, Yeast, Yellow Polenta, Rice Flour, **WHEAT** Gluten, Sugar, Salt, Rapeseed Oil, Dried **RYE** Sourdough (Wholemeal **RYE** Flour, **RYE** Bran, Water), Preservative (Calcium Propionate), Acidity Regulator (Tartaric Acid), Emulsifiers (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids), Antioxidant (Ascorbic Acid).

N.B. May contain sesame seeds.

Egg:

Free Range **EGG**.

UK sourced free range eggs produced to Lion Quality standards.

N.B. Cooked in the restaurants using Liquid Fat & Dairy Blend (see ingredients below) which contains MILK.

Pork Sausage Patty:

Pork (97%), Salt, Dextrose, Herb and Herb Extract, Glucose Syrup, Spice, Yeast Extract.

Cheddar Cheese Slice (processed):

Vegetarian Cheddar (51%) (**MILK**), Water, Vegetarian Cheese (9%) (**MILK**), Whey Powder (**MILK**), Butter (**MILK**), Emulsifying Salts (Trisodium Citrate, Citric Acid), **MILK** Proteins, Natural Cheese Flavouring (**MILK**), Salt, Colour (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin Oil).

Liquid Fat & Dairy Blend:

Vegetable Oil (Rapeseed), Water, Butter Oil (**MILK**), Buttermilk Powder (**MILK**), Salt (0.6%), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Citric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Flavour (Natural Butter Flavour (**MILK**)), Colour (Natural Beta Carotene).



Bacon Roll with Tomato Ketchup

Roll:

WHEAT Flour, Water, Yeast, Vegetable Oil (Rapeseed), Dextrose, Sugar, Salt, Preservative (Calcium Propionate), Thickener (Carboxymethyl Cellulose), Malted **WHEAT** Flour, **WHEAT** Fibre, Flour Treatment Agent (Ascorbic Acid).

N.B. May contain sesame seeds, milk, rye and barley.

Back Bacon*:

Pork, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate). Made with more than 140g of pork per 100g of finished product.

*This bacon is smoked using beechwood.

Tomato Ketchup:

66% Tomato Puree (equivalent to 184g tomatoes per 100g ketchup), Glucose-Fructose Syrup, Spirit Vinegar, Salt, Spice Extracts.

Bacon Roll with Brown Sauce

Roll:

WHEAT Flour, Water, Yeast, Vegetable Oil (Rapeseed), Dextrose, Sugar, Salt, Preservative (Calcium Propionate), Thickener (Carboxymethyl Cellulose), Malted **WHEAT** Flour, **WHEAT** Fibre, Flour Treatment Agent (Ascorbic Acid).

N.B. May contain sesame seeds, milk, rye, and barley.

Back Bacon*:

Pork, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate). Made with more than 140g of pork per 100g of finished product.

*This bacon is smoked using beechwood.

Brown Sauce:

Water, Sugar, Spirit Vinegar, Malt Vinegar (from **BARLEY**), Dates, Tomato Paste, Cane Molasses, **RYE** Flour, Modified Maize Starch, Salt, Invert Sugar Syrup, Natural Flavourings, Soy Sauce (Water, **SOYA** Extract [Water, **SOYA** Beans, Salt, **WHEAT** Flour (with Calcium, Iron, Niacin [Vitamin B3], Thiamin [Vitamin B1])], Salt, Glucose, Spirit Vinegar, **BARLEY** Malt Extract), Spices, **BARLEY** Malt Extract, Preservative (Potassium Sorbate).



Pancakes & Syrup*

Pancakes:

WHEAT Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Whey Powder (**MILK**), Free Range Whole **EGG**, Sugar, Sunflower Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Sunflower Lecithin), Salt, Spirit Vinegar, Preservative (Potassium Sorbate), Acidity Regulator (Citric Acid), Flavouring.

Pancake Syrup:

Glucose Syrup, Sugar, Water, Natural Flavourings, Colour (Plain Caramel), Preservative (Potassium Sorbate).

Pancakes & Sausage with Syrup*

Pancakes:

WHEAT Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Whey Powder (**MILK**), Free Range Whole **EGG**, Sugar, Sunflower Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Sunflower Lecithin), Salt, Spirit Vinegar, Preservative (Potassium Sorbate), Acidity Regulator (Citric Acid), Flavouring.

Pancake Syrup:

Glucose Syrup, Sugar, Water, Natural Flavourings, Colour (Plain Caramel), Preservative (Potassium Sorbate).

Pork Sausage Patty:

Pork (97%), Salt, Dextrose, Herb and Herb Extract, Glucose Syrup, Spice, Yeast Extract.



Quaker Oat So Simple® Porridge*

Milk:

100% Organic Semi Skimmed **MILK**.

Oats:

Quaker Wholegrain Rolled **OATS**, Stabiliser (**SOYA** Lecithin).

N.B. May contain traces of wheat, barley and rye

Quaker Oat So Simple® Apple and Cherry Porridge

Milk:

100% Organic Semi Skimmed **MILK**.

Oats - Apple & Cherry:

Quaker Wholegrain Rolled **OATS** (75%), Sugar, Dried Apple Slices (4%), Freeze Dried Cherry Pieces (3%), Natural Flavourings.

N.B. May contain traces of soya, wheat, barley and rye

* Ingredient declarations for optional condiments (Butter, Strawberry Jam etc.) can be found on page 33.



Toasted Bagel

Bagel:

WHEAT Flour (contains Calcium Carbonate, Iron, Thiamin, Niacin), Water, **RYE** Flour, Sugar, Yeast, Salt, Rapeseed Oil, Preservative (Calcium Propionate), **BARLEY** Malt Flour, Flour Treatment Agent (Ascorbic Acid), Maize Grits.

N.B. May contain traces of sesame seeds and milk

Philadelphia® Light Dip (optional):

Medium Fat Soft Cheese (**MILK**), Salt, Stabilisers (Locust Bean Gum, Carrageenan), Acid (Citric Acid).

Sausage, Egg & Cheese Bagel

Bagel:

WHEAT Flour (contains Calcium Carbonate, Iron, Thiamin, Niacin), Water, **RYE** Flour, Sugar, Yeast, Salt, Rapeseed Oil, Preservative (Calcium Propionate), **BARLEY** Malt Flour, Flour Treatment Agent (Ascorbic Acid), Maize Grits.

N.B. May contain traces of sesame seeds and milk

Pork Sausage Patty:

Pork (97%), Salt, Dextrose, Herb and Herb Extract, Glucose Syrup, Spice, Yeast Extract.

Folded Egg:

Pasteurised Free Range Liquid **EGG**, Pasteurised Whole **MILK**.

N.B. Cooked in the restaurants using Liquid Fat & Dairy Blend (see ingredients below) which contains MILK.

Cheddar Cheese Slice (processed):

Vegetarian Cheddar (51%) (**MILK**), Water, Vegetarian Cheese (9%) (**MILK**), Whey Powder (**MILK**), Butter (**MILK**), Emulsifying Salts (Trisodium Citrate, Citric Acid), **MILK** Proteins, Natural Cheese Flavouring (**MILK**), Salt, Colour (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin Oil).

Liquid Fat & Dairy Blend:

Vegetable Oil (Rapeseed), Water, Butter Oil (**MILK**), Buttermilk Powder (**MILK**), Salt (0.6%), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Citric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Flavour (Natural Butter Flavour (**MILK**)), Colour (Natural Beta Carotene).



Bacon, Egg & Cheese Bagel

Bagel:

WHEAT Flour (contains Calcium Carbonate, Iron, Thiamin, Niacin), Water, **RYE** Flour, Sugar, Yeast, Salt, Rapeseed Oil, Preservative (Calcium Propionate), **BARLEY** Malt Flour, Flour Treatment Agent (Ascorbic Acid), Maize Grits.

N.B. May contain traces of sesame seeds and milk

Back Bacon*:

Pork, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate). Made with more than 140g of pork per 100g of finished product.

*This bacon is smoked using beechwood.

Folded Egg:

Pasteurised Free Range Liquid **EGG**, Pasteurised Whole **MILK**.

N.B. Cooked in the restaurants using Liquid Fat & Dairy Blend (see ingredients below) which contains MILK.

Cheddar Cheese Slice (processed):

Vegetarian Cheddar (51%) (**MILK**), Water, Vegetarian Cheese (9%) (**MILK**), Whey Powder (**MILK**), Butter (**MILK**), Emulsifying Salts (Trisodium Citrate, Citric Acid), **MILK** Proteins, Natural Cheese Flavouring (**MILK**), Salt, Colour (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin Oil).

Liquid Fat & Dairy Blend:

Vegetable Oil (Rapeseed), Water, Butter Oil (**MILK**), Buttermilk Powder (**MILK**), Salt (0.6%), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Citric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Flavour (Natural Butter Flavour (**MILK**)), Colour (Natural Beta Carotene).



Bacon & Egg Snack Wrap®

Tortilla Wrap:

EITHER: WHEAT Flour (67%), Water, Stabilisers (Glycerol, Sodium Carboxy Methyl Cellulose), Rapeseed Oil, Raising Agents (Diphosphates, Calcium Phosphates, Sodium Carbonates), Emulsifier (Mono- and Diglycerides of Fatty Acids), Acid (Malic Acid).

OR: WHEAT Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), Rapeseed Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast.

N.B. May contain traces of sesame seeds, milk, rye and barley.

Folded Egg:

Pasteurised Free Range Liquid **EGG**, Pasteurised Whole **MILK**.

N.B. Cooked in the restaurants using Liquid Fat & Dairy Blend (see ingredients below) which contains MILK.

Liquid Fat & Dairy Blend:

Vegetable Oil (Rapeseed), Water, Butter Oil (**MILK**), Buttermilk Powder (**MILK**), Salt (0.6%), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Citric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Flavour (Natural Butter Flavour (**MILK**)), Colour (Natural Beta Carotene).

Cheddar Cheese Slice (processed):

Vegetarian Cheddar (51%) (**MILK**), Water, Vegetarian Cheese (9%) (**MILK**), Whey Powder (**MILK**), Butter (**MILK**), Emulsifying Salts (Trisodium Citrate, Citric Acid), **MILK** Proteins, Natural Cheese Flavouring (**MILK**), Salt, Colour (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin Oil).

Tomato Ketchup:

66% Tomato Puree (equivalent to 184g tomatoes per 100g ketchup), Glucose-Fructose Syrup, Spirit Vinegar, Salt, Spice Extracts.

OR

Brown Sauce:

Water, Sugar, Spirit Vinegar, Malt Vinegar (from **BARLEY**), Dates, Tomato Paste, Cane Molasses, **RYE** Flour, Modified Maize Starch, Salt, Invert Sugar Syrup, Natural Flavourings, Soy Sauce (Water, **SOYA** Extract [Water, **SOYA** Beans, Salt, **WHEAT** Flour (with Calcium, Iron, Niacin (Vitamin B3), Thiamin (Vitamin B1))], Salt, Glucose, Spirit Vinegar, **BARLEY** Malt Extract), Spices, **BARLEY** Malt Extract, Preservative (Potassium Sorbate).

Beechwood Smoked Bacon*:

Pork Bellies, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate). Made with 180g of raw pork per 100g of finished product.

*This bacon is smoked using beechwood



Sausage & Egg Snack Wrap®

Tortilla Wrap:

EITHER: WHEAT Flour (67%), Water, Stabilisers (Glycerol, Sodium Carboxy Methyl Cellulose), Rapeseed Oil, Raising Agents (Diphosphates, Calcium Phosphates, Sodium Carbonates), Emulsifier (Mono- and Diglycerides of Fatty Acids), Acid (Malic Acid).

OR: WHEAT Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), Rapeseed Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast.

N.B. May contain traces of sesame seeds, milk, rye and barley.

Folded Egg:

Pasteurised Free Range Liquid **EGG**, Pasteurised Whole **MILK**.

N.B. Cooked in the restaurants using Liquid Fat & Dairy Blend (see ingredients below) which contains MILK.

Liquid Fat & Dairy Blend:

Vegetable Oil (Rapeseed), Water, Butter Oil (**MILK**), Buttermilk Powder (**MILK**), Salt (0.6%), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Citric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Flavour (Natural Butter Flavour (**MILK**)), Colour (Natural Beta Carotene).

Pork Sausage Patty:

Pork (97%), Salt, Dextrose, Herb and Herb Extract, Glucose Syrup, Spice, Yeast Extract.

Cheddar Cheese Slice (processed):

Vegetarian Cheddar (51%) (**MILK**), Water, Vegetarian Cheese (9%) (**MILK**), Whey Powder (**MILK**), Butter (**MILK**), Emulsifying Salts (Trisodium Citrate, Citric Acid), **MILK** Proteins, Natural Cheese Flavouring (**MILK**), Salt, Colour (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin Oil).

Tomato Ketchup:

66% Tomato Puree (equivalent to 184g tomatoes per 100g ketchup), Glucose-Fructose Syrup, Spirit Vinegar, Salt, Spice Extracts.

OR

Brown Sauce:

Water, Sugar, Spirit Vinegar, Malt Vinegar (from **BARLEY**), Dates, Tomato Paste, Cane Molasses, **RYE** Flour, Modified Maize Starch, Salt, Invert Sugar Syrup, Natural Flavourings, Soy Sauce (Water, **SOYA** Extract [Water, **SOYA** Beans, Salt, **WHEAT** Flour (with Calcium, Iron, Niacin (Vitamin B3), Thiamin (Vitamin B1))], Salt, Glucose, Spirit Vinegar, **BARLEY** Malt Extract), Spices, **BARLEY** Malt Extract, Preservative (Potassium Sorbate).



Egg & Cheese Snack Wrap®

Tortilla Wrap:

EITHER: WHEAT Flour (67%), Water, Stabilisers (Glycerol, Sodium Carboxy Methyl Cellulose), Rapeseed Oil, Raising Agents (Diphosphates, Calcium Phosphates, Sodium Carbonates), Emulsifier (Mono- and Diglycerides of Fatty Acids), Acid (Malic Acid).

OR: WHEAT Flour (contains Calcium Carbonate, Iron, Niacin, Thiamin), Water, Humectant (Glycerol), Rapeseed Oil, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast.

N.B. May contain traces of sesame seeds, milk, rye and barley.

Folded Egg:

Pasteurised Free Range Liquid **EGG**, Pasteurised Whole **MILK**.

N.B. Cooked in the restaurants using Liquid Fat & Dairy Blend (see ingredients below) which contains **MILK**.

Liquid Fat & Dairy Blend:

Vegetable Oil (Rapeseed), Water, Butter Oil (**MILK**), Buttermilk Powder (**MILK**), Salt (0.6%), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Citric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Flavour (Natural Butter Flavour **MILK**), Colour (Natural Beta Carotene).

Cheddar Cheese Slice (processed):

Vegetarian Cheddar (51%) (**MILK**), Water, Vegetarian Cheese (9%) (**MILK**), Whey Powder (**MILK**), Butter (**MILK**), Emulsifying Salts (Trisodium Citrate, Citric Acid), **MILK** Proteins, Natural Cheese Flavouring (**MILK**), Salt, Colour (Beta Carotene, Paprika Extract), Anti-Caking Agent (Sunflower Lecithin Oil).

Tomato Ketchup:

66% Tomato Puree (equivalent to 184g tomatoes per 100g ketchup), Glucose-Fructose Syrup, Spirit Vinegar, Salt, Spice Extracts.

OR

Brown Sauce:

Water, Sugar, Spirit Vinegar, Malt Vinegar (from **BARLEY**), Dates, Tomato Paste, Cane Molasses, **RYE** Flour, Modified Maize Starch, Salt, Invert Sugar Syrup, Natural Flavourings, Soy Sauce (Water, **SOYA** Extract (Water, **SOYA** Beans, Salt, **WHEAT** Flour (with Calcium, Iron, Niacin (Vitamin B3), Thiamin (Vitamin B1))), Salt, Glucose, Spirit Vinegar, **BARLEY** Malt Extract), Spices, **BARLEY** Malt Extract, Preservative (Potassium Sorbate).



Hash Brown

Potatoes, Blend of Non-Hydrogenated Vegetable Oil (Rapeseed, Sunflower), Salt, Cornflour, Dehydrated Potato, Dextrose, Stabiliser (Disodium Diphosphate), Black Pepper Extract.

Prepared in the restaurants using non-hydrogenated vegetable oil.

N.B. Please note our Hash Browns can be cooked in the same oil as the Spicy Veggie Patty and during promotions with Potato Wedges.



Hot Apple Pie®

Water, Apples (22%), Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Palm Oil, Modified Maize Starch, Rapeseed Oil, Salt, Dextrose, Invert Sugar Syrup, Spices, Flavouring, Cassia Extract, Acidity Regulator (Citric Acid).

Prepared in the restaurants using non-hydrogenated vegetable oil.

N.B. May contain traces of milk.

Oreo McFlurry®

Ice Cream:

EITHER: Skimmed **MILK**, Sugar, Cream (**MILK**), Whey Powder (**MILK**), Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

OR: Skimmed **MILK**, Cream (**MILK**), Sugar, Lactose (**MILK**), **MILK** Proteins, Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

Oreo Crumb:

WHEAT Flour, Sugar, Vegetable Oils (Palm, Palm Kernel), Fat Reduced Cocoa Powder (6.6%), Glucose-Fructose Syrup, **WHEAT** Starch, Raising Agents (Potassium Hydrogen Carbonate, Ammonium Hydrogen Carbonate, Sodium Hydrogen Carbonate), Salt, Emulsifier (**SOYA** Lecithin, Sunflower Lecithin), Flavouring (Vanillin).

NB: May contain traces of milk.



Cadbury Dairy Milk McFlurry®

Ice Cream:

EITHER: Skimmed **MILK**, Sugar, Cream (**MILK**), Whey Powder (**MILK**), Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

OR: Skimmed **MILK**, Cream (**MILK**), Sugar, Lactose (**MILK**), **MILK** Proteins, Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

Cadbury Dairy Milk Chocolate Chips:

MILK, Sugar, Cocoa Butter, Cocoa Mass, Vegetable Fats (Palm, Shea), Emulsifier (Ammonium Phosphatide), Flavourings.

Cadbury Crunchie McFlurry®

Ice Cream:

EITHER: Skimmed **MILK**, Sugar, Cream (**MILK**), Whey Powder (**MILK**), Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

OR: Skimmed **MILK**, Cream (**MILK**), Sugar, Lactose (**MILK**), **MILK** Proteins, Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

Cadbury Crunchie Pieces:

EITHER: Sugar, Glucose Syrup, Cocoa Butter, Dried Whole **MILK**, Vegetable Fats (Palm, Shea, Coconut), Cocoa Mass, Dried Whey (**MILK**), Emulsifiers (Ammonium Phosphatides, Polyglycerol Polyricinoleate), Glazing Agents (Gum Arabic, Shellac), Tapioca Starch, Flavouring.

OR: Sugar, Glucose Syrup, Cocoa Butter, Vegetable Fats (Palm, Shea), Cocoa Mass, Skimmed **MILK** Powder, Whey Permeate Powder (**MILK**), **MILK** Fat, Emulsifiers (Ammonium Phosphatides, Polyglycerol Polyricinoleate), Tapioca Starch, Glazing Agents (Gum Arabic, Shellac), Flavouring.



Ice Cream Cone with a Flake

Ice Cream:

EITHER: Skimmed **MILK**, Sugar, Cream (**MILK**), Whey Powder (**MILK**), Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

OR: Skimmed **MILK**, Cream (**MILK**), Sugar, Lactose (**MILK**), **MILK** Proteins, Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

Cadbury Chocolate Flake 99:

MILK, Sugar, Cocoa Butter, Cocoa Mass, Vegetable Fats (Palm, Shea), Emulsifier (Ammonium Phosphatides), Flavourings.

Ice Cream Cone:

WHEAT Flour, Vegetable Fat (Rapeseed), Sugar, Potato Starch, Emulsifier (**SOYA** Lecithin), **MILK** Proteins, Raising Agents (Sodium Bicarbonate, Magnesium Bicarbonate).

Ice Cream Cone

Ice Cream:

EITHER: Skimmed **MILK**, Sugar, Cream (**MILK**), Whey Powder (**MILK**), Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

OR: Skimmed **MILK**, Cream (**MILK**), Sugar, Lactose (**MILK**), **MILK** Proteins, Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

Ice Cream Cone:

WHEAT Flour, Vegetable Fat (Rapeseed), Sugar, Potato Starch, Emulsifier (**SOYA** Lecithin), **MILK** Proteins, Raising Agents (Sodium Bicarbonate, Magnesium Bicarbonate).



Strawberry Sundae

Ice Cream:

EITHER: Skimmed **MILK**, Sugar, Cream (**MILK**), Whey Powder (**MILK**), Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

OR: Skimmed **MILK**, Cream (**MILK**), Sugar, Lactose (**MILK**), **MILK** Proteins, Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

Strawberry Sauce:

Strawberries (38%), Sugar, Glucose Syrup, Water, Thickener (Pectin), Acidulant (Citric Acid).



Toffee Sundae

Ice Cream:

EITHER: Skimmed **MILK**, Sugar, Cream (**MILK**), Whey Powder (**MILK**), Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

OR: Skimmed **MILK**, Cream (**MILK**), Sugar, Lactose (**MILK**), **MILK** Proteins, Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

Toffee Sauce:

Glucose Syrup, Sweetened Condensed Whole **MILK**, (Whole **MILK**, Sugar), Glucose-Fructose Syrup, Butter (**MILK**), Modified Starch, **BARLEY** Malt Extract, Salt, Stabiliser (Sodium Citrate), Natural Flavouring.

Fruit Bag

Apple & Grapes:

75% Apples, 25% Grapes



Sweet Snacking

Blueberry Muffin

Sugar, **WHEAT** Flour (with Calcium, Iron, Niacin, Thiamin), Water, Blueberries (12%), Rapeseed Oil, Free Range Whole **EGG** Powder, Butter Crumble (3%) (**WHEAT** Flour (contains Calcium, Iron, Niacin, Thiamin), Butter (**MILK**), Sugar), Cornflour, Skimmed **MILK** Powder, Raising Agents (Disodium Diphosphate, Potassium Bicarbonate), Emulsifiers (Mono- And Diglycerides Of Fatty Acids), **WHEAT** Gluten, Salt, Natural Flavouring.

N.B. May contain traces of soya.

Chocolate Muffin

Water, Milk Chocolate (18%) (Sugar, Whole **MILK** Powder, Cocoa Butter, Cocoa Mass, Emulsifier (**SOYA** Lecithin), Natural Vanilla Flavouring), **WHEAT** Flour (with Calcium, Iron, Niacin, Thiamin), Sugar, Vegetable Oil (Rapeseed), Fat Reduced Cocoa Powder (2.5%), Free Range Whole **EGG** Powder, Modified Starch, Raising Agents (Sodium Bicarbonate, Disodium Diphosphate), Whey Solids (**MILK**), Emulsifiers (Propane1,2 Diol Esters Of Fatty Acids, Mono- And Diglycerides Of Fatty Acids, Sodium Stearoyl Lactylate), Free Range Dried **EGG** White, Salt, Stabiliser (Xanthan Gum), Natural Flavouring.

Triple Chocolate Cookie

WHEAT Flour (with Calcium, Iron, Niacin, Thiamin), White Chocolate (11%) (Sugar, Cocoa Butter, Whole **MILK** Powder, Emulsifier (**SOYA** Lecithin), Natural Vanilla Flavouring), Milk Chocolate (11%) (Sugar, Whole **MILK** Powder, Cocoa Butter, Cocoa Mass, Emulsifier (**SOYA** Lecithin), Natural Vanilla Flavouring), Plain Chocolate (11%) (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (**SOYA** Lecithin), Natural Vanilla Flavouring), Soft Light Brown Sugar (Sugar, Cane Molasses), Sugar, Butter (**MILK**), Vegetable Oils (Palm, Rapeseed), Fat Reduced Cocoa Powder (3%), Invert Sugar Syrup, Free Range Whole **EGG** Powder, Raising Agents (Sodium Bicarbonate, Disodium Diphosphate), Skimmed **MILK** Powder, Salt, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Xanthan Gum), Natural Flavouring.



Sugar Donut

WHEAT Flour, Water, **WHEAT** Flour (with Calcium, Iron, Niacin, Thiamin), Vegetable Oil (Palm, Rapeseed), Sugar, Dextrose, **SOYA** Flour, Yeast, Emulsifiers (Mono- And Diglycerides Of Fatty Acids, Sodium Stearoyl Lactylate, Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, **SOYA** Lecithin), Raising Agents (Disodium Diphosphate, Sodium Bicarbonate, Calcium Phosphate), Salt, Free Range Whole **EGG** Powder, Antioxidant (Ascorbic Acid).

N.B. May contain traces of milk.

Chocolatey Donut

WHEAT Flour, Cocoa Filling (24%) (Water, Sugar, Cocoa Powder, Vegetable Fat (Coconut), Modified Starch (Maize), Natural Vanilla Flavouring, Preservative (Potassium Sorbate), Salt), Water, Dark Cocoa Coating (13%) (Sugar, Vegetable Fats (Palm, Palm Kernel, Rapeseed), Fat Reduced Cocoa Powder, Whey Powder (**MILK**), Emulsifier (Sunflower Lecithin), Salt, Natural Vanilla Flavouring, Acidity Regulator (Citric Acid)), Vegetable Fat (Palm), Milk Chocolate Flakes (6%) (Sugar, Cocoa Butter, Whole **MILK** Powder, Cocoa Mass, Natural Vanilla Flavouring), Margarine (Vegetable Oils (Palm, Rapeseed), Water, Emulsifier (Mono- And Diglycerides of Fatty Acids), Salt, Acidity Regulator (Citric Acid), Natural Flavouring), Yeast, Free Range Whole **EGG** Powder, Invert Sugar Syrup, Skimmed **MILK** Powder, Sugar, **WHEAT** Gluten, Salt, Sugar Beet Fibre, Emulsifiers (Mono- and Diglycerides of Fatty Acids, Mono- and Diacetyl Tartaric Acid Ester of Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Anti-Caking Agent (Calcium Carbonate), Antioxidant (Ascorbic Acid), Enzymes (Amylase, Xylanase).

N.B. May contain traces of soya.

Condiments and Sauces

Tomato Ketchup:

66% Tomato Puree (equivalent to 184g tomatoes per 100g ketchup), Glucose-Fructose Syrup, Spirit Vinegar, Salt, Spice Extracts.

Barbeque Dip:

Glucose-Fructose Syrup, Water, Tomato Paste, Red Wine Vinegar, Spirit Vinegar, Modified Maize Starch, Salt, Rapeseed Oil, **MUSTARD** Flour, Colour (Ammonia Caramel), Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Smoke Flavouring.

Sweet Curry Dip:

Water, Glucose-Fructose Syrup, Apricot Puree Concentrate, Sugar, Spirit Vinegar, Modified Maize Starch, Ground Coriander Seed, Salt, Spices (contains **CELERY & MUSTARD**), Rapeseed Oil, Tomato Paste, Dried Onion, Colours (Ammonia Caramel, Curcumin, Paprika Extract), Preservative (Potassium Sorbate), Acid (Citric Acid), Thickener (Xanthan Gum), Dried Garlic, Herbs.

Sweet & Sour Dip:

Glucose-Fructose Syrup, Water, Apricot Puree, Spirit Vinegar, Soy Sauce (Water, **SOYA** Extract [Water, **SOYA** Beans, Salt, **WHEAT** Flour (with Calcium, Iron, Niacin (Vitamin B3), Thiamin (Vitamin B1))], Salt, Glucose, Maltodextrin, Spirit Vinegar, **BARLEY** Malt Extract), Modified Maize Starch, Sugar, Rapeseed Oil, Thickener (Xanthan Gum), Spices (contain **CELERY**), Salt, Preservative (Potassium Sorbate), Natural Flavourings, Dried Red Bell Pepper, Caramelised Sugar Syrup.

Smoky BBQ Dip:

Reconstituted Tomato Puree (41%), Glucose-Fructose Syrup, Honey (7%), Spirit Vinegar, Modified Maize Starch, Cane Molasses, Salt, Colour (Ammonia Caramel), Chipotle Chilli Paste (Rapeseed Oil, Water, Dried Chipotle Chilli Pepper, White Wine Vinegar, Acid (Malic Acid)), Spices, Smoke Flavouring, Dried Red Bell Pepper, Rapeseed Oil, Acid (Tartaric Acid), Preservative (Potassium Sorbate), Natural Flavouring, Black Pepper, Thickener (Xanthan Gum).

Sweet Chilli Dip:

Sugar, Water, Spirit Vinegar, Red Chillies (5%), Modified Maize Starch, Vegetable Oil (Rapeseed & Sunflower), Salt, Dried Chillies, Garlic, Dried Red Bell Pepper, Acid (Citric Acid), Thickeners (Guar Gum & Xanthan Gum), Colour (Paprika Extract), White Wine Vinegar, Preservative (Potassium Sorbate).

Sour Cream & Chive Dip:

Water, Rapeseed Oil, Sour Cream (from **MILK**) (10%), Chives (3.5%), Free Range **EGG** Yolk, Modified Maize Starch, Low Fat Yoghurt (from **MILK**), Natural Flavourings (contain **MILK**), Onion, Acids (Acetic Acid, Lactic Acid), Salt, Thickeners (Guar Gum, Xanthan Gum), Preservative (Potassium Sorbate), Spice.

Balsamic Dressing:

Water, Balsamic Vinegar (21%), Muscovado Sugar, Cornstarch, Rapeseed Oil, Treacle, Salt, Colour (Plain Caramel), Preservative (Potassium Sorbate), Garlic Puree, Black Pepper, Thickener (Xanthan Gum).

Fajita-Style Dressing:

Water, Tomatoes, Onion Puree, Red Peppers, Red Wine Vinegar, Sugar, Tomato Paste, Rapeseed Oil, Cornstarch, Lemon Juice Concentrate, Garlic Puree, Salt, Paprika, Red Chilli, Cumin, Black Pepper, Preservative (Potassium Sorbate), Oregano, Cayenne.

Butter:

Butter (**MILK**), Salt (1.7%). Minimum milkfat content 80%.

Flora® Original:

Vegetable Oils (in varying proportions) (59%) (Sunflower (36%), Palm, Linseed, Rapeseed), Water, Salt (1.4%), Buttermilk (**MILK**), Emulsifiers (Mono- and Diglycerides of Fatty Acids), Preservative (Potassium Sorbate), Citric Acid, Flavouring, Vitamins A & D, Colour (Carotenes).

Philadelphia® Light Dip:

Medium Fat Soft Cheese (**MILK**), Salt, Stabilisers (Locust Bean Gum, Carrageenan), Acid (Citric Acid).

Strawberry Jam:

Strawberries, Sugar, Brown Cane Sugar, Concentrated Lemon Juice, Gelling Agent (Fruit Pectin). Prepared with 50g fruits per 100g.

Pancake Syrup:

Glucose Syrup, Sugar, Water, Natural Flavourings, Colour (Plain Caramel), Preservative (Potassium Sorbate).



Big Tasty® with Bacon

Beef Patty:

100% Pure Beef.

A little salt and pepper is added to season after cooking.

Big Tasty Bun:

WHEAT Flour (with Calcium, Iron, Niacin (B3) and Thiamin (B1)), Water, Sugar, Yeast, **SESAME** Seeds, Vegetable Oil (Rapeseed), Salt, **WHEAT** Gluten, Emulsifiers (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids), Preservative (Calcium Propionate), De-activated Yeast, Antioxidant (Ascorbic Acid).

NB: May contain traces of milk, barley and rye.

Big Tasty Cheese:

Emmental (51%) (**MILK**), Water, Butter (**MILK**), Cheese (9%) (**MILK**), Whey Powder (**MILK**), Emulsifying Salts (Trisodium Citrate, Citric Acid), **Milk** Proteins (**MILK**), Salt, Natural Cheese Flavouring (**MILK**), Anti-caking Agent (Sunflower Lecithin).

Big Tasty Sauce:

Rapeseed Oil, Water, Sour Cream (**MILK**), Free Range **EGG** Yolk, Sugar, Spirit Vinegar, Flavourings (contain **MILK**), Modified Maize Starch, Salt, Spices, Dried Yeast, Yeast Extract, Thickener (Xanthan Gum), Acid (Lactic Acid), Maltodextrin, Preservative (Potassium Sorbate), Smoke Flavouring.

Lettuce:

100% Iceberg Lettuce.

Tomato:

100% Tomato.

Onion:

100% Onion.

Beechwood Smoked Bacon:

Pork Bellies, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate).

Made with 180g of raw pork per 100g of finished product.

Big Tasty®

Please note the ingredients for the Big Tasty are the same as Big Tasty with Bacon above but without the streaky bacon.



Chicken Legend® with Bacon - Cool Mayo:

Asda Restaurants only

Chicken Legend Patty:

EITHER: Chicken Breast Meat (59%), **WHEAT** Flour, Water, Breadcrumb, (**WHEAT** Flour, Salt, Yeast), Starch, **WHEAT** Semolina, Vegetable Oil (Rapeseed, Sunflower), Spices (contains **CELERY**), Flavourings, Salt, Free Range **EGG** Albumen Powder, Yeast Extract, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Parsley, Whey Protein Concentrate (from **MILK**), Acidity Regulator (Citric Acid), **MUSTARD** Flour, Potassium Chloride, Spice Extracts.

OR: Chicken Breast Meat (59%), Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Breadcrumb (contains **WHEAT**), Vegetable Oil (Rapeseed, Sunflower), Starch, **WHEAT** Semolina, Spices (contains **CELERY**), Natural Flavourings, Free Range **EGG** Albumen, Salt, Raising Agent (Disodium Diphosphate, Sodium Bicarbonate), Yeast Extract, Parsley, Potassium Chloride, Whey Protein Concentrate (from **MILK**), Citric Acid, **MUSTARD** Flour, Spice Extract.

Prepared in the restaurant using non-hydrogenated vegetable oil.

Brown Bakehouse Roll:

WHEAT Flour, Water, **RYE** Flour, **WHEAT** Bran, Yeast, Vegetable Oil (Rapeseed), Salt, Dextrose, Sugar, Preservative (Calcium Propionate), Thickener (Carboxymethyl Cellulose), Malted **WHEAT** Flour, **WHEAT** Fibre, Flour Treatment Agent (Ascorbic Acid), Malted **BARLEY** Flour.

NB: May contain traces of sesame seeds and milk

Cool Mayo:

Water, Rapeseed Oil (28%), Spirit Vinegar, Modified Maize Starch, Free Range **EGG** Yolk (3%), Sugar, Salt, **MUSTARD** Flour, Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate.

Lettuce (Batavia):

100% Batavia Lettuce.

Beechwood Smoked Bacon:

Pork Bellies, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate).

Made with 180g of raw pork per 100g of finished product.



Chicken Legend ® with Bacon - Hot & Spicy Mayo:

Asda Restaurants only

Chicken Legend Patty:

EITHER: Chicken Breast Meat (59%), **WHEAT** Flour, Water, Breadcrumb, (**WHEAT** Flour, Salt, Yeast), Starch, **WHEAT** Semolina, Vegetable Oil (Rapeseed, Sunflower), Spices (contains **CELERY**), Flavourings, Salt, Free Range **EGG** Albumen Powder, Yeast Extract, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Parsley, Whey Protein Concentrate (from **MILK**), Acidity Regulator (Citric Acid), **MUSTARD** Flour, Potassium Chloride, Spice Extracts.

OR: Chicken Breast Meat (59%), Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Breadcrumb (contains **WHEAT**), Vegetable Oil (Rapeseed, Sunflower), Starch, **WHEAT** Semolina, Spices (contains **CELERY**), Natural Flavourings, Free Range **EGG** Albumen, Salt, Raising Agent (Disodium Diphosphate, Sodium Bicarbonate), Yeast Extract, Parsley, Potassium Chloride, Whey Protein Concentrate (from **MILK**), Citric Acid, **MUSTARD** Flour, Spice Extract.

Prepared in the restaurant using non-hydrogenated vegetable oil.

Brown Bakehouse Roll:

WHEAT Flour, Water, **RYE** Flour, **WHEAT** Bran, Yeast, Vegetable Oil (Rapeseed), Salt, Dextrose, Sugar, Preservative (Calcium Propionate), Thickener (Carboxymethyl Cellulose), Malted **WHEAT** Flour, **WHEAT** Fibre, Flour Treatment Agent (Ascorbic Acid), Malted **BARLEY** Flour.

NB: May contain traces of sesame seeds and milk

Hot & Spicy Mayo:

Water, Rapeseed Oil (30%), Spirit Vinegar, Modified Maize Starch, Free Range **EGG** Yolk (3.0%), Sugar, Salt, Spices (contains **MUSTARD**), Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Birdseye Chilli, Lemon Juice Concentrate, Colour (Paprika Extract).

Lettuce (Batavia):

100% Batavia Lettuce.

Beechwood Smoked Bacon:

Pork Bellies, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate).

Made with 180g of raw pork per 100g of finished product.



Chicken Legend ® with Bacon - BBQ Sauce:

Asda Restaurants only

Chicken Legend Patty:

EITHER: Chicken Breast Meat (59%), **WHEAT** Flour, Water, Breadcrumb, (**WHEAT** Flour, Salt, Yeast), Starch, **WHEAT** Semolina, Vegetable Oil (Rapeseed, Sunflower), Spices (contains **CELERY**), Flavourings, Salt, Free Range **EGG** Albumen Powder, Yeast Extract, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Parsley, Whey Protein Concentrate (from **MILK**), Acidity Regulator (Citric Acid), **MUSTARD** Flour, Potassium Chloride, Spice Extracts.

OR: Chicken Breast Meat (59%), Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Breadcrumb (contains **WHEAT**), Vegetable Oil (Rapeseed, Sunflower), Starch, **WHEAT** Semolina, Spices (contains **CELERY**), Natural Flavourings, Free Range **EGG** Albumen, Salt, Raising Agent (Disodium Diphosphate, Sodium Bicarbonate), Yeast Extract, Parsley, Potassium Chloride, Whey Protein Concentrate (from **MILK**), Citric Acid, **MUSTARD** Flour, Spice Extract.

Prepared in the restaurant using non-hydrogenated vegetable oil.

Brown Bakehouse Roll:

WHEAT Flour, Water, **RYE** Flour, **WHEAT** Bran, Yeast, Vegetable Oil (Rapeseed), Salt, Dextrose, Sugar, Preservative (Calcium Propionate), Thickener (Carboxymethyl Cellulose), Malted **WHEAT** Flour, **WHEAT** Fibre, Flour Treatment Agent (Ascorbic Acid), Malted **BARLEY** Flour.

NB: May contain traces of sesame seeds and milk

BBQ Sauce:

Water, Glucose-Fructose Syrup, Spirit Vinegar, Sugar, Tomato Paste, Cane Molasses, Modified Maize Starch, Salt, Spices (contains **MUSTARD**), Preservative (Potassium Sorbate), Smoke Flavourings.

Lettuce (Batavia):

100% Batavia Lettuce.

Beechwood Smoked Bacon:

Pork Bellies, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate).

Made with 180g of raw pork per 100g of finished product.



Cheddar Melts:

Cheddar Cheese Melt (52%) (Mild Cheddar Cheese (**MILK**), Water, Emulsifier (Methylcellulose), Flavouring), Water, Fortified Wheat Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Breadcrumb ((Fortified Wheat Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sunflower Oil, Malted **BARLEY** Flour, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Preservative (Acetic Acid), Salt, Emulsifier (Mono- and Diglycerides of Fatty Acids), Yeast, Antioxidant (Ascorbic Acid), Flour Treatment Agent (L-Cysteine Hydrochloride)), Sunflower Oil, Cornflakes (Maize Flour, Sugar, Salt, **BARLEY** Malt Extract, Emulsifiers (Sunflower Lecithins, Mono- and Diglycerides of Fatty Acids)), **WHEAT** Starch, **WHEAT** Gluten, Rapeseed Oil, Maize Germ, Salt, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Antioxidant (Ascorbic Acid), Yeast.

Prepared in the restaurants using a non-hydrogenated vegetable oil.

NB: May contain traces of mustard, egg and celery

Rich Tomato Dip:

Water, Tomato Paste (25%), Sugar, Spirit Vinegar, Glucose-Fructose Syrup, Wine Vinegar, Modified Maize Starch, Sunblush® Tomatoes, Tomato Concentrate, Onion, Salt, Garlic, Sunflower Oil, Herbs, Olive Oil, Preservative (Potassium Sorbate), Spice.



KitKat® Chunky McFlurry®

Ice Cream:

EITHER: Skimmed **MILK**, Sugar, Cream (**MILK**), Whey Powder (**MILK**), Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

OR: Skimmed **MILK**, Cream (**MILK**), Sugar, Lactose (**MILK**), **MILK** Proteins, Glucose Syrup, Stabilisers (Guar Gum, Carrageenan), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

KitKat Sauce:

Sugar, Water, Glucose Syrup, Fat-Reduced Cocoa Powder (8%), Thickener (Modified Starch), Natural Flavouring, Acid (Citric Acid), Salt, Preservative (Potassium Sorbate).

KitKat Chocolate Chunks and Wafer Pieces

Milk Chocolate (70%) (Sugar, Cocoa Mass, Cocoa Butter, Whole **MILK** Powder, Skimmed **MILK** Powder, Emulsifier (**SOYA** Lecithin), Natural Vanilla Flavouring), Wafer (20%) (**WHEAT** Flour, Sugar, Vegetable Fat (Coconut), Emulsifier (Sunflower Lecithin), Salt, Caramel Sugar Syrup, Flavouring), Cocoa Butter (5%).

NB: May contain traces of oat and barley



Frozen Strawberry Lemonade

Lemonade Base:

Water, Lemon Juice, Sugar, Dried Glucose Syrup, Orange Juice Concentrate, Acidity Regulator (Citric Acid), Flavouring, Antioxidant (Ascorbic Acid), Colour (Lutein), Thickener (Xanthan Gum).

N.B. May contain traces of milk.

Strawberry Syrup:

Fructose-Glucose Syrup, Sucrose Syrup, Humectant (Glycerin), Strawberry Juice Concentrate, Lemon Juice Concentrate, Natural Flavouring, Elderberry Juice Concentrate, Acidity Regulator (Citric Acid), Natural Colour (Anthocyanin), Safflower Extract.



Belgian Chocolate Honeycomb Iced Frappé

Honeycomb Flavoured Frappé Base:

Skimmed **MILK**, Sugar, Cream (**MILK**), Skimmed **MILK** Powder, Fructose, Stabilisers (Guar Gum, Carrageen, Sodium Triphosphate), Natural Flavourings (contains Colour (Plain Caramel)).

Milk Chocolate Coated Honeycomb and Belgian Chocolate Chip:

Plain Chocolate (50%) (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (Sunflower Lecithin), Natural Flavouring), Milk Chocolate (28%) (Sugar, Cocoa Butter, Whole **MILK** Powder, Cocoa Mass, Lactose (**MILK**), Whey Powder (**MILK**), Emulsifier (Sunflower Lecithin)), Honeycomb (21%) (Sugar, Glucose Syrup, Raising Agent (Sodium Bicarbonate), Glazing Agent (Gum Arabic)).

N.B. May contain traces of soya, wheat, barley and oats.

Spray Cream:

Cream (20% fat) (**MILK**), Sugar (5%), Dried Glucose Syrup (3%), Propellant (Nitrous Oxide), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Lactic Acid Esters of Mono- and Diglycerides of Fatty Acids), Stabiliser (Carrageenan).

Chocolate Drizzle Sauce:

Sweetened Condensed Whole **MILK** (Whole **MILK**, Sugar), Sugar, Water, Coconut Fat, Reduced Fat Cocoa Powder 5%, Modified Starch, Salt, Stabiliser (Sodium Citrates).

Ice:

100% Crushed Ice.

Berry Burst Iced Fruit Smoothie

Berry Burst Smoothie Mix:

Fruit Juice and Puree (partly from concentrates) (Apple, Grape, Strawberry, Pear, Blackberry, Pineapple, Blueberry), Stabilisers (Cellulose Gum, Xanthan Gum), Concentrates (Blackcurrant and Black Carrot), Citric Acid, Natural Flavouring.

Yogurt Base Mix:

Skimmed **MILK**, Cream (**MILK**), Lactose (from **MILK**), **MILK** Proteins, Skimmed **MILK** Powder, Modified Maize Starch, Stabiliser (Pectin), Bacterial Cultures.

